The University of Alabama  
College of Human Environmental Sciences  
Department of Human Development and Family Studies  

PROGRAM REQUIREMENTS - MAJOR IN ADDICTION AND RECOVERY STUDIES – 2023-2024 Catalog  

Name ___________________________________________ Date ________  

Statewide Articulation and UA Core  

I. Written Composition (6 hrs required)  
   ___(3) EN 101 English  
   ___(3) EN 102 English  

II. Humanities and Fine Arts (12 hrs required)*  
   ___(3) Fine Arts ________________________________  
   ___(3) Literature ________________________________  
   ___( ) ________________________________  
   ___( ) ________________________________  
   *Must complete either a two-semester literature sequence or a two-semester history sequence.  

III. Natural Sciences and Mathematics (11 hrs required)  
   ___(3) Math ________________________________  
   ___(4) BSC 109 or BSC 114/115  
   ___(4) NS ________________________________  

IV. History, Social and Behavioral Sciences (12 hrs required)*  
   ___(3) HD 101  
   ___(3) PY 101  
   ___(3) History ________________________________  
   ___( ) ________________________________  
   *Must complete either a two-semester literature sequence or a two-semester history sequence.  

V. Computer / Foreign Language:  
   (6 hrs “C” or 1 Yr Same Foreign Language required)  
   ___( ) ________________________________  
   ___( ) ________________________________  
   Check prerequisites for C designated courses.  

VI. Writing Courses (6 Hrs “W” Required)  
   ___(3) ________________________________  
   ___(3) ________________________________  

VII. HES Core (6 Hrs)  
   ___(3) HES 100 (Fall only)  
   ___(3) HES 310  

NOTE: HES 100 is for new freshmen only, fall only.  

VIII. Required Courses for all Addiction & Recovery Majors (48 Hrs)  
   ___(3) HD 210 Understanding Addiction  
   ___(3) HD 302 Adolescence  
   ___(3) HD 335 Trauma and Stress\textsuperscript{F}  
   ___(3) HD 325 Problems in Child and Adolescent Development\textsuperscript{F}  
   ___(3) HD 375 Foundations of Addiction Counseling\textsuperscript{S}  
   ___(3) HD 405 Policy Issues: Family, Crime, and Addiction\textsuperscript{S}  
   ___(3) HD 415 Addiction Prevention (W)  
   ___(3) HD 445 Addiction and the Family\textsuperscript{F}  
   ___(3) HD 450 Addiction: Treatment and Recovery\textsuperscript{F}  
   ___(3) HD 472 Program Evaluation  
   ___(3) HD 475 Human Sexuality  
   ___(3) PY 358 Abnormal Psychology  
   ___(3) HD 220 Research and Critical Thinking in HDFS \textbf{OR}  
   BER 345 Educational Statistics \textbf{OR}  
   PY 211 Elementary Statistical Methods  
   ___(3) HHE 378 Drug Awareness Education \textbf{OR}  
   SW 414 Chemical Dependency  
   ___(3) Elective chosen from:  
   SW 210 Family and Child Welfare  
   CJ 240 Juvenile Delinquency  
   CJ 225 Community Based Corrections  
   HY 378 Drugs, Booze, and Mexican Society (W)  
   ___(6) HD 499 Internship in the Addiction Field  

IX. Electives  
   ___ Electives to complete the 120 credit hour degree requirement  

Note: Some courses are not taught every semester.  
\textsuperscript{F} Course offered in Fall only.  
\textsuperscript{S} Course offered in Spring semester only.  

Last updated 3/7/2022