Minor Form

Name _____________________________ Student CWID _______________________

Major _____________________________ Concentration _______________________

Minors in Food and Nutrition 2021-2022 Catalog
(18 Credit Hours Required)

Students at The University of Alabama may apply one of several approved minors in the College of Human Environmental Sciences toward requirements in a degree program, subject to graduation provisions of that division. The approved Food and Nutrition minor and the course requirements are listed below.

Possible:

_____ (3) NHM 101 F, Sp, S, or 102 (F only) Intro Human Nutrition
_____ (3) NHM 201 Nutrition in the Life Cycle F, Sp, S (Preq: NHM 101)

At least 12 additional hours must be selected in consultation with an academic advisor. 9 hours must be 300-400 level courses.

_____ (3) NHM Elective _____________________________
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Suggested Courses:

| NHM 210 – Dynamics Weight Control F, Sp | NHM 361 – Nutritional Biochemistry F |
| NHM 362 – Nutrition at the Cell Level Sp | NHM 372 – Intro Food Service Mgt F |
| NHM 250 – Principles of Food Preparation F, Sp, S | NHM 373 – Purchasing Design, Risk Mgt Sp |
| NHM 305 – Veg Nutrition (online only), Sp, S | NHM 401 – Nutrition for Health Professional Sp |
| NHM 315 – Nutrition for Performance F, Sp | NHM 320 – Food, Nutrition, and Film – Interim |

*Preqs for each course are listed in the catalog

NOTE: Students are encouraged to take inorganic or organic chemistry to fulfill natural science requirements.

Interim courses are on campus, summer courses are offered online.

Advisor's Signature _____________________________ Date _____________________________