The University of Alabama  
College of Human Environmental Sciences  
Department of Human Development and Family Studies

PROGRAM REQUIREMENTS - MAJOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES –2019-2020 Catalog
Main Campus Students

Name ________________________________ Concentration _________ Date______

Statewide Articulation and UA Core

I. Written Composition (6 hrs required)
   ____ (3) EN 101 English
   ____ (3) EN 102 English

II. Humanities and Fine Arts (12 hrs required)*
   ____ (3) Fine Arts ________________________________
   ____ (3) Literature ________________________________
   ____ (   )  ______________________________________
   ____ (   )  ______________________________________

   *Must complete either a two-semester literature sequence or a two-semester history sequence.

III. Natural Sciences and Mathematics (11 hrs required)
   ____ (3) Math ___________________________________
   ____ (4) BSC 109 or BSC 114/115
   ____ (4) NS _____________________________________

IV. History, Social and Behavioral Sciences (12 hrs required)*
   ____ (3) HD 101
   ____ (3) PY 101
   ____ (3) History ________________________________
   ____ (   )  ______________________________________

   *Must complete either a two-semester literature sequence or a two-semester history sequence.

V. Computer / Foreign Language:
   (6 hrs “C” or 1 Yr Same Foreign Language required)
   ____ (   )  ______________________________________
   ____ (   )  ______________________________________

   Check prerequisites for C designated courses.

VI. Writing Courses (6 Hrs “W” Required)
   ____ (3)  _______________________________________
   ____ (3)  _______________________________________

VII. HES Core (6 Hrs)
   ____ (3) HES 100 (Fall only)
   ____ (3) HES 310

   NOTE: HES 100 is for new freshmen only, fall only.

Last updated 3/25/2019

VIII. Requirements for all HDFS Majors (42 Hrs)
   ____ (3) HD 202 Infant/Toddlerhood
   ____ (3) HD 205 Preschool
   ____ (3) HD 302 Adolescence
   ____ (3) HD 382 Parent and Family Development
   ____ (3) HD 220 Research and Critical Thinking in HDFS  OR
           BER 345 Educational Statistics  OR
           PY 211 Elementary Statistical Methods
   ____ (15) HDFS Junior/Senior Block (Any HD 300-499 not applied elsewhere)**
   ____ (12) HDFS Elective Block (Additional HD 100-499 courses; or department approved electives)**

   **For Students completing a concentration, concentration courses will fulfill Junior/Senior block and Elective block.

IX. Electives
   ____ Electives to complete the 120 credit hour degree requirement

HDFS Major Concentration Options
   (See back page for course lists)
   ____ Adolescence & Youth Development Concentration
   ____ Family Life Ed. & Advocacy Concentration
   ____ Child Life Concentration

Note: Some courses are only available in either spring or fall semester.
Adolescence and Youth Development Concentration  (27 Hrs)

____ (3)  HD 325 Problems in Child/Adol. Development
____ (3) HD 462 Interpersonal Relationships
____ (3)  HD 472 Program Evaluation
____ (3)  HD 475 Human Sexuality
____ (6) HD 498 Adolescent and Youth Development Internship
____ (3)  PY 372 Social Psychology
____ (3)  HHE 378 Drug Awareness/Education (W)
____ (3) HD 498 Adolescent and Youth Development Internship

OR

____ (3)  HD 498 Adolescent and Youth Development Internship

Child Life Concentration (43 Hrs)

____ (2) HD 203 Medical Terminology (online)
____ (3) HD 226 Introduction to Child Life
____ (3) HD 326 Play in Child Development
____ (3) HD 401 Cult Influ Child Yth Fam (W)
____ (3) HD 426 Hospitalized Children and Youth
____ (3) HD 451 Loss and Bereavement
____ (3) HD 472 Program Evaluation
____ (12) HD 496 Child Life Internship
____ (4) BSC 215 Human Anatomy & Physiology I
____ (4) BSC 216 Human Anatomy & Physiology II
____ (3) PHL 223 Medical Ethics

Family Life Education and Advocacy Concentration (27 Hrs)

____ (3) HD 262 Marriage and Family
____ (3) HD 462 Interpersonal Relationships
____ (3) HD 472 Program Evaluation
____ (3) HD 475 Human Sexuality
____ (3) HD 483 Family Life Education (W) (Fall only)
____ (6) HD 497 Family Studies Internship
____ (3) CSM 201 Individual and Family Resource Management
____ (3) CSM 430 Family and Consumer Law OR
   HD 480 Children and Divorce

*Students must earn a grade of C- or better in each HD or CSM course taken to be eligible to apply for provisional certification as a family life educator.

Dept. Approved Electives

The following courses can be applied towards HDFS Elective Block:

____ (3) CSM 201 Individual and Family Management
____ (3) CSM 430 Family and Consumer Law
____ (3) HHE 378 Drug Awareness/Education (W)
____ (3) SPE 471 Developmental Perspectives of Young Children with Disabilities
____ (3) PY 372 Social Psychology
____ (3) CJ 240 Youth Development and Juvenile Delinquency Control

OR

SW 208 Social Services for Delinquents & Their Families

For comprehensive list of approved electives, visit:
http://www.hdfs.ches.ua.edu/advising-information.html

Note: Some courses are only available in either spring or fall semester.