The University of Alabama
College of Human Environmental Sciences
Department of Human Development and Family Studies

PROGRAM REQUIREMENTS - MAJOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES –2020-2021 Catalog
Main Campus Students

Name ___________________________________ Concentration _________ Date_____

Statewide Articulation and UA Core
I. Written Composition (6 hrs required)
   ___(3) EN 101 English
   ___(3) EN 102 English

II. Humanities and Fine Arts (12 hrs required)*
   ___(3) Fine Arts ________________________________
   ___(3) Literature ______________________________
   ___( ) __________________________________________________________________________
   ___( ) __________________________________________________________________________
*Must complete either a two-semester literature sequence or a two-semester history sequence.

III. Natural Sciences and Mathematics (11 hrs required)
   ___(3) Math ________________________________
   ___(4) BSC 109 or BSC 114/115
   ___(4) NS ___________________________________

IV. History, Social and Behavioral Sciences (12 hrs required)*
   ___(3) HD 101
   ___(3) PY 101
   ___(3) History ______________________________
   ___( ) __________________________________________________________________________
*Must complete either a two-semester literature sequence or a two-semester history sequence.

V. Computer / Foreign Language:
(6 hrs “C” or 1 Yr Same Foreign Language required)
   ___( ) __________________________________________________________________________
   ___( ) __________________________________________________________________________
Check prerequisites for “C” designated courses.

VI. Writing Courses (6 Hrs “W” Required)
   ___(3) __________________________________________________________________________
   ___(3) __________________________________________________________________________

VII. HES Core (6 Hrs)
   ___(3) HES 100 (Fall only)
   ___(3) HES 310

NOTE: HES 100 is for new freshmen only, fall only.

VIII. Requirements for all HDFS Majors (42 Hrs)
   ___ (3) HD 202 Infant/Toddlerhood
   ___ (3) HD 205 Early and Middle Child Dev
   ___ (3) HD 302 Adolescence
   ___ (3) HD 382 Parent and Family Development
   ___ (3) HD 220 Research and Critical Thinking in HDFS OR
       BER 345 Educational Statistics OR
       PY 211 Elementary Statistical Methods
   ___ (15) HDFS Junior/Senior Block (Any HD 300-499 not applied elsewhere)**

   ___ (12) HDFS Elective Block (Additional HD 100-499 courses; or department approved electives)**

   **For Students completing a concentration, concentration courses will fulfill Junior/Senior block and Elective block.

IX. Electives
   ___ Electives to complete the 120 credit hour degree requirement

HDFS Major Concentration Options
(See back page for course lists)
   ___ Adolescence & Youth Development Concentration
   ___ Family Life Ed. & Advocacy Concentration
   ___ Child Life Concentration

Note: Some courses are only available in either spring or fall semester.

Last updated 3/2/2020
Adolescence and Youth Development Concentration (27 Hrs)

- (3) HD 325 Probs Child/Adol
- (3) HD 462 Interpersonal Relationships
- (3) HD 472 Program Evaluation
- (3) HD 475 Human Sexuality
- (6) HD 498 Adolescent and Youth Development Internship
- (3) PY 372 Social Psychology
- (3) HHE 378 Drug Awareness/Education (W)
- (3) CJ 240 Youth Development & Juvenile Delinquency Control
  OR
  SW 208 Social Services for Delinquents & their Families

Child Life Concentration (43 Hrs)

- (2) HD 203 Medical Terminology (online)
- (3) HD 226 Introduction to Child Life
- (3) HD 326 Play in Child Development
- (3) HD 401 Cult Influ Child Yth Fam (W)
- (3) HD 426 Hospitalized Children and Youth
- (3) HD 451 Loss and Bereavement
- (3) HD 472 Program Evaluation
- (12) HD 496 Child Life Internship
- (4) BSC 215 Human Anatomy & Physiology I
- (4) BSC 216 Human Anatomy & Physiology II
- (3) PHL 223 Medical Ethics

Family Life Education and Advocacy Concentration (27 Hrs)

- (3) HD 262 Marriage and Family
- (3) HD 462 Interpersonal Relationships
- (3) HD 472 Program Evaluation
- (3) HD 475 Human Sexuality
- (3) HD 483 Family Life Education (W) (Fall only)
- (6) HD 497 Family Studies Internship
- (3) CSM 201 Individual and Family Resource Management
- (3) CSM 430 Family and Consumer Law OR
  HD 480 Children and Divorce

*Students must earn a grade of C- or better in each HD or CSM course taken to be eligible to apply for provisional certification as a family life educator.

Dept. Approved Electives

The following courses can be applied towards HDFS Elective Block:

- (3) CSM 201 Individual and Family Management
- (3) CSM 430 Family and Consumer Law
- (3) HHE 378 Drug Awareness/Education (W)
- (3) SPE 471 Developmental Perspectives of Young Children with Disabilities
- (3) PY 372 Social Psychology
- (3) CJ 240 Youth Development and Juvenile Delinquency Control OR
  SW 208 Social Services for Delinquents and Their Families

For comprehensive list of approved electives, visit:
http://www.hdfs.ches.ua.edu/advising-information.html

Note: Some courses are only available in either spring or fall semester.