The University of Alabama  
College of Human Environmental Sciences  
Department of Human Development and Family Studies  

PROGRAM REQUIREMENTS - MAJOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES –2023-2024 Catalog  
Main Campus Students

Name ___________________________ Concentration ___________ Date________

Statewide Articulation and UA Core

I. Written Composition (6 hrs required)
   ___(3) EN 101 English
   ___(3) EN 102 English

II. Humanities and Fine Arts (12 hrs required)*
   ___(3) Fine Arts ___________________________
   ___(3) Literature ___________________________
   ___( ) ___________________________
   ___( ) ___________________________
*Must complete either a two-semester literature sequence or a two-semester history sequence.

III. Natural Sciences and Mathematics (11 hrs required)
   ___(3) Math ___________________________
   ___(4) BSC 109 or BSC 114/115
   ___(4) NS ___________________________

IV. History, Social and Behavioral Sciences (12 hrs required)*
   ___(3) HD 101
   ___(3) PY 101
   ___(3) History ___________________________
   ___( ) ___________________________
*Must complete either a two-semester literature sequence or a two-semester history sequence.

V. Computer / Foreign Language:
(6 hrs “C” or 1 Yr Same Foreign Language required)
   ___( ) ___________________________
   ___( ) ___________________________
*Check prerequisites for C designated courses.

VI. Writing Courses (6 Hrs “W” Required)
   ___(3) ___________________________
   ___(3) ___________________________

VII. HES Core (6 Hrs)
   ___(3) HES 100 (Fall only)
   ___(3) HES 310

NOTE: HES 100 is for new freshmen only, fall only.

VIII. Requirements for all HDFS Majors (42 Hrs)
   ___(3) HD 202 Infant/Toddlerhood
   ___(3) HD 205 Early and Middle Child Dev
   ___(3) HD 302 Adolescence
   ___(3) HD 382 Parent and Family Development
   ___(3) HD 220 Research and Critical Thinking in HDFS  OR
   BER 345 Educational Statistics  OR
   PY 211 Elementary Statistical Methods

   ___(15) HDFS Junior/Senior Block (Any HD 300-499 not applied elsewhere)**

   ___(12) HDFS Elective Block (Additional HD 100-499 courses; or department approved electives)**

**For Students completing a concentration, concentration courses will fulfill Junior/Senior block and Elective block.

IX. Electives
   ___Electives to complete the 120 credit hour degree requirement

HDFS Major Concentration Options

   (See back page for course lists)
   ___ Adolescence & Youth Development Concentration
   ___ Family Life Ed. & Advocacy Concentration
   ___ Child Life Concentration

Note: Some courses are only available in either spring or fall semester.
Adolescence and Youth Development Concentration (27 Hrs)

____(3) HD 325 Probs Child/Adol OR
    HD 335 Trauma & Stress
____(3) HD 462 Interpersonal Relationships
____(3) HD 472 Program Evaluation
____(3) HD 475 Human Sexuality
____(6) HD 498 Adolescent and Youth Development Internship
____(3) PY 372 Social Psychology
____(3) HHE 378 Drugs, Society, and Human Behavior (W)
____(3) CJ 240 Juvenile Delinquency OR
    HD 208 Juvenile Delinquency: Causes, Control, & Services

Child Life Concentration (43 Hrs)

____(2) HD 203 Medical Terminology (online)
____(3) HD 226 Introduction to Child Life
____(3) HD 326 Play in Child Development
____(3) HD 401 Cult Influ Child Yth Fam (W)
____(3) HD 426 Hospitalized Children and Youth
____(3) HD 451 Loss and Bereavement
____(3) HD 472 Program Evaluation
____(12) HD 496 Child Life Internship
____(4) BSC 215 Human Anatomy & Physiology I
____(4) BSC 216 Human Anatomy & Physiology II
____(3) PHL 223 Medical Ethics

Family Life Education and Advocacy Concentration (27 Hrs)

____(3) HD 262 Marriage and Family
____(3) HD 462 Interpersonal Relationships
____(3) HD 472 Program Evaluation
____(3) HD 475 Human Sexuality
____(3) HD 483 Family Life Education (W) (Fall only)
____(6) HD 497 Family Life Ed Adv Internship
____(3) CSM 201 Individual and Family Resource Management
____(3) CSM 430 Family and Consumer Law

*Students must earn a grade of C- or better in each HD or CSM course taken to be eligible to apply for provisional certification as a family life educator.

Dept. Approved Electives

The following courses can be applied towards HDFS Elective Block:

____(3) CSM 201 Individual and Family Management
____(3) CSM 430 Family and Consumer Law
____(3) HHE 378 Drug Awareness/Education (W)
____(3) SPE 471 Developmental Perspectives of Young Children with Disabilities
____(3) PY 372 Social Psychology
____(3) CJ 240 Youth Development and Juvenile Delinquency Control OR
    HD 208 Juvenile Delinquency: Causes, Control, & Services

For comprehensive list of approved electives, visit:
http://www.hdfs.ches.ua.edu/advising-information.html

Note: Some courses are only available in either spring or fall semester.