

The University of Alabama  
College of Human Environmental Sciences  
Department of Human Development and Family Studies

PROGRAM REQUIREMENTS - MAJOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES –2022-2023 Catalog  
Main Campus Students

Name \_\_\_\_\_ Concentration \_\_\_\_\_ Date \_\_\_\_\_

Statewide Articulation and UA Core

I. Written Composition (6 hrs required)

\_\_\_\_(3) EN 101 English

\_\_\_\_(3) EN 102 English

II. Humanities and Fine Arts (12 hrs required)\*

\_\_\_\_(3) Fine Arts \_\_\_\_\_

\_\_\_\_(3) Literature \_\_\_\_\_

\_\_\_\_( ) \_\_\_\_\_

\_\_\_\_( ) \_\_\_\_\_

\*Must complete either a two-semester literature sequence or a two-semester history sequence.

III. Natural Sciences and Mathematics (11 hrs required)

\_\_\_\_(3) Math \_\_\_\_\_

\_\_\_\_(4) BSC 109 or BSC 114/115

\_\_\_\_(4) NS \_\_\_\_\_

IV. History, Social and Behavioral Sciences (12 hrs required)\*

\_\_\_\_(3) HD 101

\_\_\_\_(3) PY 101

\_\_\_\_(3) History \_\_\_\_\_

\_\_\_\_( ) \_\_\_\_\_

\*Must complete either a two-semester literature sequence or a two-semester history sequence.

V. Computer / Foreign Language:

(6 hrs "C" or 1 Yr Same Foreign Language required)

\_\_\_\_( ) \_\_\_\_\_

\_\_\_\_( ) \_\_\_\_\_

Check prerequisites for C designated courses.

VI. Writing Courses (6 Hrs "W" Required)

\_\_\_\_(3) \_\_\_\_\_

\_\_\_\_(3) \_\_\_\_\_

VII. HES Core (6 Hrs)

\_\_\_\_(3) HES 100 (Fall only)

\_\_\_\_(3) HES 310

NOTE: HES 100 is for new freshmen only, fall only.

VIII. Requirements for all HDFS Majors (42 Hrs)

\_\_\_\_(3) HD 202 Infant/Toddlerhood

\_\_\_\_(3) HD 205 Early and Middle Child Dev

\_\_\_\_(3) HD 302 Adolescence

\_\_\_\_(3) HD 382 Parent and Family Development

\_\_\_\_(3) HD 220 Research and Critical Thinking in HDFS **OR**

BER 345 Educational Statistics **OR**

PY 211 Elementary Statistical Methods

\_\_\_\_(15) HDFS Junior/Senior Block (Any HD 300-499 not applied elsewhere)\*\*

\_\_\_\_(12) HDFS Elective Block (Additional HD 100-499 courses; or department approved electives)\*\*

\*\*For Students completing a concentration, concentration courses will fulfill Junior/Senior block and Elective block.

IX. Electives

\_\_\_\_ Electives to complete the 120 credit hour degree requirement

HDFS Major Concentration Options

(See back page for course lists)

\_\_\_\_ Adolescence & Youth Development Concentration

\_\_\_\_ Family Life Ed. & Advocacy Concentration

\_\_\_\_ Child Life Concentration

Note: Some courses are only available in either spring or fall semester.

Adolescence and Youth Development Concentration (27 Hrs)

- \_\_\_(3) HD 325 Probs Child/Adol
- \_\_\_(3) HD 462 Interpersonal Relationships
- \_\_\_(3) HD 472 Program Evaluation
- \_\_\_(3) HD 475 Human Sexuality
- \_\_\_(6) HD 498 Adolescent and Youth Development Internship
- \_\_\_(3) PY 372 Social Psychology
- \_\_\_(3) HHE 378 Drugs, Society, and Human Behavior (W)
- \_\_\_(3) CJ 240 Juvenile Delinquency OR  
SW 208 Juvenile Delinquency: Causes, Control, & Services

Child Life Concentration (43 Hrs)

- \_\_\_(2) HD 203 Medical Terminology (online)
- \_\_\_(3) HD 226 Introduction to Child Life
- \_\_\_(3) HD 326 Play in Child Development
- \_\_\_(3) HD 401 Cult Influ Child Yth Fam (W)
- \_\_\_(3) HD 426 Hospitalized Children and Youth
- \_\_\_(3) HD 451 Loss and Bereavement
- \_\_\_(3) HD 472 Program Evaluation
- \_\_\_(12) HD 496 Child Life Internship
- \_\_\_(4) BSC 215 Human Anatomy & Physiology I
- \_\_\_(4) BSC 216 Human Anatomy & Physiology II
- \_\_\_(3) PHL 223 Medical Ethics

Family Life Education and Advocacy Concentration (27 Hrs)

- \_\_\_(3) HD 262 Marriage and Family
- \_\_\_(3) HD 462 Interpersonal Relationships
- \_\_\_(3) HD 472 Program Evaluation
- \_\_\_(3) HD 475 Human Sexuality
- \_\_\_(3) HD 483 Family Life Education (W) (Fall only)
- \_\_\_(6) HD 497 Family Life Ed Adv Internship
- \_\_\_(3) CSM 201 Individual and Family Resource Management
- \_\_\_(3) CSM 430 Family and Consumer Law

\*Students must earn a grade of C- or better in each HD or CSM course taken to be eligible to apply for provisional certification as a family life educator.

Dept. Approved Electives

The following courses can be applied towards HDFS Elective Block:

- \_\_\_(3) CSM 201 Individual and Family Management
- \_\_\_(3) CSM 430 Family and Consumer Law
- \_\_\_(3) HHE 378 Drug Awareness/Education (W)
- \_\_\_(3) SPE 471 Developmental Perspectives of Young Children with Disabilities
- \_\_\_(3) PY 372 Social Psychology
- \_\_\_(3) CJ 240 Youth Development and Juvenile Delinquency Control **OR**  
SW 208 Social Services for Delinquents and Their Families

For comprehensive list of approved electives, visit:

<http://www.hdfs.ches.ua.edu/advising-information.html>

Note: Some courses are only available in either spring or fall semester.