

College of Human Environmental Sciences  
Department of Health Science

PROGRAM REQUIREMENTS – MAJOR IN PUBLIC HEALTH – 2020–2021 Catalog  
UNDERGRADUATE MAJOR (120 hours)

Name \_\_\_\_\_ Date \_\_\_\_\_

State-Wide Articulation and UA Core

I. Written Composition (6hrs required)

- \_\_\_\_\_ (3) EN 101 English
- \_\_\_\_\_ (3) EN 102 English

II. Humanities and Fine Arts (12hrs required)\*

- \_\_\_\_\_ (3) Fine Arts \_\_\_\_\_
- \_\_\_\_\_ (3) Literature \_\_\_\_\_
- \_\_\_\_\_ (3) \_\_\_\_\_
- \_\_\_\_\_ (3) \_\_\_\_\_

\* Must complete either two semesters of literature or history.

III. Natural Sciences (N) and Mathematics (11hrs required)

- \_\_\_\_\_ (3) Math \_\_\_\_\_
- \_\_\_\_\_ (4) N \_\_\_\_\_
- \_\_\_\_\_ (4) N \_\_\_\_\_

IV. History, Social and Behavioral Sciences (12hrs required)\*

- \_\_\_\_\_ (3) History \_\_\_\_\_
- \_\_\_\_\_ (3) SB \_\_\_\_\_
- \_\_\_\_\_ (3) SB \_\_\_\_\_
- \_\_\_\_\_ (3) \_\_\_\_\_

\*Must complete either two semesters of literature or history.

Computer / Foreign Language (6hrs "C" or 1 yr same Foreign Language required)

- \_\_\_\_\_ (3) C or FL \_\_\_\_\_
- \_\_\_\_\_ (3) C or FL \_\_\_\_\_

Writing Courses (6hrs "W" required)

- \_\_\_\_\_ (3) HHE 378 Drugs, Society, & Human Behavior (W)
- \_\_\_\_\_ (3) W \_\_\_\_\_

NOTE: Verify that core designations are still in effect by checking the University Registrar's webpage (<https://registrar.ua.edu/academics-policies/core-curriculum/>) the semester the course is taken.

HES Core Courses (6hrs required)

- \_\_\_\_\_ (3) HES 100 Freshman Compass
- \_\_\_\_\_ (3) HES 310 Issues in HES

Major Required Courses (36hrs required)

- \_\_\_\_\_ (3) HHE 270 Personal Health
- \_\_\_\_\_ (3) HHE 273 Community and Public Health
- \_\_\_\_\_ (3) HHE 370 Principles & Foundations of Health Promotion
- \_\_\_\_\_ (3) HHE 378 Drugs, Society, & Human Behavior (W)
- \_\_\_\_\_ (3) HHE 440 Stress Management
- \_\_\_\_\_ (3) HHE 445 Environmental Health
- \_\_\_\_\_ (3) HHE 446 Health Disparities
- \_\_\_\_\_ (3) HHE 450 **OR** CHS 420 Basic Epidemiology
- \_\_\_\_\_ (3) HHE 467 Design Eval Health Promo
- \_\_\_\_\_ (3) HHE 468 Pract Appl Health Comm and Promo
- \_\_\_\_\_ (3) HHE 480 Culminating Experience in Health Education & Promotion **OR** HHE 485 Service Learning in Health Promotion **OR** HHE 496 Independent Study in Health Education & Promotion
- \_\_\_\_\_ (3) PY 211 Elementary Statistical Methods **OR** BER 345 Educational Stats **OR** ST 260 Statistical Data Analysis

**Choose one of the following concentrations:**

Health Education & Promotion Concentration (15hrs required)

- \_\_\_\_\_ (3) HHE 265 Safety & Injury Prevention
- \_\_\_\_\_ (3) HHE 467 Design & Evaluation of Health Promotion Programs
- \_\_\_\_\_ (3) HHE 468 Practical Applications in Health Communications & Health Promotion
- \_\_\_\_\_ (3) KIN 199 Ecological Approach to Health & Fitness
- \_\_\_\_\_ (3) HHE or Health Ed/Promo related course

**OR**

Health Professions Concentration (24hrs required)

- \_\_\_\_\_ (3) HHE 378 Drugs, Society, & Human Behavior (W)
- \_\_\_\_\_ (3) HHE 440 Stress Management
- \_\_\_\_\_ (3) HD 475 Human Sexuality / Sex Education
- \_\_\_\_\_ (3) NHM 101 Introduction to Human Nutrition
- \_\_\_\_\_ (3) Health Professions Support Course
- \_\_\_\_\_ (3) Health Professions Support Course
- \_\_\_\_\_ (3) Health Professions Support Course
- \_\_\_\_\_ (3) Health Professions Support Course

**NOTE:** The Health Professions Concentration can be used by students who identify an interest in applying to allied health graduate programs (i.e., medicine, dentistry, physical therapy, pharmacy, etc.). **The Health Professions Advising Office in the College of Arts and Sciences is available to assist public health majors wishing to apply to allied health graduate programs.** See: <http://prehealth.ua.edu/>

Prerequisite courses for allied health programs can also be used for the Health Professions Support Courses. Specific admissions requirements vary; therefore, students preparing to enter allied health graduate programs should consult the catalogs of the graduate schools of their interest early in their undergraduate enrollment in order to be informed of the exact requirements for entrance.

Total Hours for Degree Must = 120