

The University of Alabama
College of Human Environmental Sciences
Department of Human Nutrition and Hospitality Management

PROGRAM REQUIREMENTS - MAJOR IN FOOD AND NUTRITION – 2010-2012 CATALOG

Name _____ Track _____ Date _____

State-Wide Articulation and UA Core
I. Written Composition (6 hrs required)

- ____ (3) EN 101 English
- ____ (3) EN 102 English

II. Humanities and Fine Arts (12 hrs required)*

- ____ (3) Fine Arts Req _____
- ____ (3) Literature _____
- ____ (3) _____
- ____ (3) _____

* Must complete either two semesters of literature or two semesters of history sequence.

III. Natural Sciences and Mathematics (23 hrs required)

- ____ (3) Math _____
- ____ (4) CH 104 Intro Chemistry (N)
- ____ (4) CH 105 Intro Organic Chemistry (N)
- ____ (4) **BSC 215 Human Anatomy & Physiology I
- ____ (4) **BSC 216 Human Anatomy & Physiology II
- ____ (4) BSC 242 Microbiology (N)

IV. History, Social and Behavioral Sciences (12 hrs required)*

- ____ (3) PY 101 Intro Psychology
- ____ (3) History _____
- ____ (3) _____
- ____ (3) _____

* Must complete either two semesters of literature or two semesters of history sequence.

Computer / Foreign Language (6 Hrs "C" or 1 Yr Same Foreign Language Required)

- ____ () _____
- ____ () _____

Check prerequisites for C designated courses.

Writing Courses (6 hrs "W" required)

- ____ (3) Completed NHM 454
- ____ (3) Completed NHM 463

HES CORE (6 Hrs)

- ____ (3) HES 100 F
- ____ (3) HES 310 F, Sp, I, S, Distance

NOTE: HES 100 is for new freshmen only.

** BSC 215 and 216 does not meet core requirements for natural sciences

MAJOR COURSES (55 Hrs Required)

- ____ (3) NHM 101 Intro Human Nutrition F, Sp, S
- ____ (1) NHM 195 Intro Dietetics & Nutrition F
- ____ (3) NHM 201 Nutrition in the Life Cycle Sp (Prereq: NHM 101)
- ____ (3) NHM 253 Food Science F, Sp, S
- ____ (3) NHM 361 Nutritional Biochemistry F (Prereq: CH 104-105)
- ____ (3) NHM 362 Nutrition at the Cellular Level Sp (Prereq: NHM 361)
- ____ (3) NHM 363 Applied Nutrition F (Prereq: NHM 201, CH 105, BSC 215-216)
- ____ (3) NHM 365 Medical Nutrition Therapy I Sp (Prereq: NHM 363)
- ____ (3) NHM 372 Intro Food Systems Management F
- ____ (3) NHM 373 Pur & Design & Risk Mgt in Foodservice Sys Sp (Prereq: NHM 372)
- ____ (3) NHM 374 Quantity Food Production & Service F, Sp (Prereq: NHM 253, 372)
- ____ (1) NHM 395 Intro Research Food & Nutrition
- ____ (3) NHM 432 Nutrition Counseling & Education F
- ____ (3) NHM 454 Experimental Food Science (W) F (Prereq: CH 105, Coreq: BER 345)
- ____ (3) NHM 463 Community Nutrition (W) F
- ____ (3) NHM 465 Medical Nutrition Therapy II F
- ____ (3) NHM 475 Mgt of Food Service Systems F
- ____ (3) NHM 491 Directed Professional Individual Study F, Sp, S (W)
- ____ (2) NHM 495 Seminar in Nutrition and Dietetics Sp
- ____ (3) BER 345 Educational Statistics

Note: All NHM courses listed above are available by distance.

TRACKS (11-14 Hrs Required)

Student must apply for admission to the Coordinated Program in Dietetics Track in the second semester of the sophomore year or declare the Didactic Program in Dietetics Track. See Undergraduate Catalog for admission and retention requirements for Coordinated Program in Dietetics Track.

COORDINATED PROGRAM IN DIETETICS TRACK (11 Hrs Required)

- ____ (2) NHM 366 Supervised Practice in Medical Nutrition Therapy I Sp
- ____ (3) NHM 390 Supervised Practice in Food Service Mgt I Interim
- ____ (1) NHM 464 Supervised Practice in Community Nutrition F
- ____ (3) NHM 466 Supervised Practice in Medical Nutrition Therapy II F
- ____ (2) NHM 476 Supervised Practice in Food Service Systems Mgt II F

DIDACTIC PROGRAM IN DIETETICS TRACK (Total Hrs Must = 120)

- ____ () _____
- ____ () _____
- ____ () _____
- ____ () _____
- ____ () _____
- ____ () _____

Verify that core designations are still in effect by checking the Schedule of Classes book the semester the course is taken.

Courses *usually* offered: F= Fall Sp = Spring I = Interim S = Summer *Fall 2010*