**PROGRAM REQUIREMENTS - MAJOR IN FOOD AND NUTRITION – 2012-2013 CATALOG**

Name ____________________________  Track ___________________  Date ________

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**State-Wide Articulation and UA Core**

**I. Written Composition (6 hrs required)**
- (3) EN 101 English
- (3) EN 102 English

**II. Humanities and Fine Arts (12 hrs required)**
- (3) Fine Arts Req
- (3) Literature ____________________________
- (3) ____________________________
- (3) ____________________________

* Must complete either two semesters of literature or two semesters of history sequence.

**III. Natural Sciences and Mathematics (23 hrs required)**
- (3) Math ____________________________
- (4) CH 104 Intro Chemistry (N)
- (4) CH 105 Intro Organic Chemistry (N)
- (4) **BSC 215 Human Anatomy & Physiology I
- (4) **BSC 216 Human Anatomy & Physiology II
- (4) BSC 242 Microbiology

**IV. History, Social and Behavioral Sciences (12 hrs required)**
- (3) PY 101 Intro Psychology
- (3) History ____________________________
- (3) ____________________________
- (3) ____________________________

* Must complete either two semesters of literature or two semesters of history sequence.

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**Computer / Foreign Language (6 Hrs “C” or 1 Yr Same Foreign Language Required)**

- (1) ____________________________
- (1) ____________________________

Check prerequisites for C designated courses.

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**Writing Courses (6 hrs “W” required)**
- (3) Completed NHM 454
- (3) Completed NHM 463

**HES CORE (6 Hrs)**
- (3) HES 100 F
- (3) HES 310 F, Sp, I, S, Distance

**NOTE:** HES 100 is for new freshmen only.

**MAJOR COURSES (55 Hrs Required)**

- (3) NHM 101 Intro Human Nutrition F, Sp, S
- (1) NHM 195 Intro Dietetics & Nutrition F
- (3) NHM 201 Nutrition in the Life Cycle F, Sp (Prereq: NHM 101)
- (3) NHM 253 Food Science F, Sp, S
- (3) NHM 361 Nutritional Biochemistry F (Prereq: CH 104-105)
- (3) NHM 362 Nutrition at the Cellular Level Sp (Prereq: NHM 361)
- (3) NHM 363 Applied Nutrition F (Prereq: NHM 201, CH 105, BSC 215-216)
- (3) NHM 365 Medical Nutrition Therapy I Sp (Prereq: NHM 363)
- (3) NHM 372 Intro Food Systems Management F
- (3) NHM 373 Pur & Design & Risk Mgt in Foodservice Sys Sp (Prereq: NHM 372)
- (3) NHM 374 Quantity Food Production & Service F, Sp (Prereq: NHM 253, 372)
- (1) NHM 395 Intro Research Food & Nutrition F
- (3) NHM 432 Nutrition Counseling & Education F
- (3) NHM 454 Experimental Food Science (W) F (Prereq: CH 105, Coreq: BER 345)
- (3) NHM 463 Community Nutrition (W) F
- (3) NHM 465 Medical Nutrition Therapy II F
- (3) NHM 475 Mgt of Food Service Systems F
- (3) NHM 491 Directed Professional Individual Study F, Sp, S (W)
- (2) NHM 495 Seminar in Nutrition and Dietetics Sp
- (3) BER 345 Educational Statistics

Note: - All NHM courses listed above are available by distance.
- Check the catalog for complete prerequisites for all NHM courses.

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**TRACKS (11-14 Hrs Required)**

Student must apply for admission to the Coordinated Program in Dietetics Track in the second semester of the sophomore year or declare the Didactic Program in Dietetics Track. See Undergraduate Catalog for admission and retention requirements for Coordinated Program in Dietetics Track.

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**COORDINATED PROGRAM IN DIETETICS TRACK (17 Hrs Required)**

Supervised practices in:
- (2) NHM 366 Medical Nutr. Therapy I (Sp)  (2) NHM 476 FS Mgt II (F)
- (3) NHM 390 Foodservice Mgt I (I)  (3) NHM 467 Longterm Care (Sp)
- (1) NHM 464 Community Nutrition (F)  (3) NHM 485 Dietetic Mgt & Comm (Sp)
- (3) NHM 466 Medical Nutrition Therapy II F

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**DIDACTIC PROGRAM IN DIETETICS TRACK (Total Hrs Must = 120)**

- (1) NHM 492 Preparing for Dietetic Internship F, Sp
- (1-4) NHM 468 Practicum in Food and Nutrition F, SP

To receive a Verification Statement for a Dietetic Internship, a student in the Didactic Track must: (a) maintain an overall GPA of 2.75 or higher; (b) make B- or higher in all 300 and 400 level food and nutrition major courses; (c) earn C or higher in NHM 101, 195, 201, 253, CH 104, 105, BSC 215, 216, 242; (d) submit a “Request for Verification statement” form; and (e) complete a bachelor’s degree.

Courses usually offered: F= Fall  Sp = Spring  I = Interim  S = Summer

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**Effective: Fall 2012**