

The University of Alabama
College of Human Environmental Sciences
Department of Human Nutrition and Hospitality Management

PROGRAM REQUIREMENTS - MAJOR IN FOOD AND NUTRITION – 2013-2014 CATALOG

Name _____ Track _____ Date _____

State-Wide Articulation and UA Core

I. Written Composition (6 hrs required)

- ____ (3) EN 101 English
____ (3) EN 102 English

II. Humanities and Fine Arts (12 hrs required)*

- ____ (3) Fine Arts Req _____
____ (3) Literature _____
____ (3) _____
____ (3) _____

* Must complete either two semesters of literature or two semesters of history sequence.

III. Natural Sciences and Mathematics (23 hrs required)

- ____ (3) Math _____
____ (4) CH 104 Intro Chemistry (N)
____ (4) CH 105 Intro Organic Chemistry (N)
____ (4) **BSC 215 Human Anatomy & Physiology I
____ (4) **BSC 216 Human Anatomy & Physiology II
____ (4) BSC 242 Microbiology

IV. History, Social and Behavioral Sciences (12 hrs required)*

- ____ (3) PY 101 Intro Psychology
____ (3) History _____
____ (3) _____
____ (3) _____

* Must complete either two semesters of literature or two semesters of history sequence.

Computer / Foreign Language (6 Hrs "C" or 1 Yr Same Foreign Language Required)

- ____ () _____
____ () _____

Check prerequisites for C designated courses.

Writing Courses (6 hrs "W" required)

- ____ (3) Completed NHM 454
____ (3) Completed NHM 340

HES CORE (6 Hrs)

- ____ (3) HES 100 F
____ (3) HES 310 F, Sp, I, S, Distance

NOTE: HES 100 is for new freshmen only.

** BSC 215, 216 and 242 does not meet core requirements for natural sciences

Verify that the core designations are still in effect by checking the Schedule of Classes book the semester the course is taken.

Effective: Spring 2013

MAJOR COURSES (55 Hrs Required)

- ____ (3) NHM 101 Intro Human Nutrition F, Sp, S
____ (1) NHM 195 Intro Dietetics & Nutrition F
____ (3) NHM 201 Nutrition in the Life Cycle F, Sp (Prereq: NHM 101)
____ (3) NHM 253 Food Science F, Sp
____ (3) NHM 340 Community Nutrition (W) F, Sp (Prereq: NHM 101, NHM 201)
____ (3) NHM 361 Nutritional Biochemistry F (Prereq: CH 104-105)
____ (3) NHM 362 Nutrition at the Cellular Level Sp (Prereq: NHM 361)
____ (3) NHM 363 Applied Nutrition F (Prereq: NHM 201, CH 105, BSC 215-216)
____ (3) NHM 365 Medical Nutrition Therapy I Sp (Prereq: NHM 363)
____ (3) NHM 372 Intro Food Systems Management F
____ (3) NHM 373 Pur & Design & Risk Mgt in Foodservice Sys Sp
(Prereq: NHM 372)
____ (3) NHM 374 Quantity Food Production & Service F, Sp
(Prereq: NHM 253, 372)
____ (1) NHM 395 Intro Research Food & Nutrition F
____ (2) NHM 441 Nutrition Education Sp (Prereq: NHM 101, NHM 201;
Coreq: NHM 363)
____ (1) NHM 442 Nutrition Care Process F (Prereq: NHM 101, NHM 201)
____ (3) NHM 454 Experimental & Functional Food Science (W) F, Sp
(Prereq: CH 105; Coreq: BER 345)
____ (3) NHM 465 Medical Nutrition Therapy II F
____ (3) NHM 475 Mgt of Food Service Systems F
____ (3) NHM 491 Directed Professional Individual Study S (W)
____ (3) BER 345 Educational Statistics

Note: - All NHM courses listed above are available by distance.

- Check the catalog for complete prerequisites for all NHM courses

TRACKS (11-14 Hrs Required)

Student must apply for admission to the Coordinated Program in Dietetics Track in the second semester of the sophomore year or declare the Didactic Program in Dietetics Track. See Undergraduate Catalog for admission and retention requirements for Coordinated Program in Dietetics Track.

COORDINATED PROGRAM IN DIETETICS TRACK (17 Hrs Required)

Supervised practices in:

- ____ (2) NHM 366 Medical Nutr. Therapy I (Sp, I) ____ (2) NHM 476 FS Mgt II (F, Sp)
____ (3) NHM 390 Foodservice Mgt I (F, I) ____ (3) NHM 467 Longterm Care (Sp)
____ (1) NHM 464 Community Nutrition (F) ____ (3) NHM 485 Dietetic Mgt & Comm (Sp)
____ (3) NHM 466 Medical Nutrition Therapy II (F)

DIDACTIC PROGRAM IN DIETETICS TRACK (Total Hrs Must = 120)

- ____ (1) NHM 492 Preparing for Dietetic Internship F, Sp
____ (1-4) NHM 468 Practicum in Food and Nutrition F, SP
____ () _____

To receive a Verification Statement for a Dietetic Internship, a student in the Didactic Track must: (a) maintain an overall GPA of 2.75 or higher; (b) make B- or higher in all 300 and 400 level food and nutrition major courses; (c) earn C or higher in NHM 101, 195, 201, 253, CH 104, 105, BSC 215, 216, 242, PY 101 (d) submit a "Request for Verification statement" form; and (e) complete a bachelor's degree.

Courses usually offered: F= Fall Sp = Spring I = Interim S = Summer