The University of Alabama  
College of Human Environmental Sciences  
Department of Human Nutrition and Hospitality Management  
Junior College Equivalents  

PROGRAM REQUIREMENTS - MAJOR IN FOOD AND NUTRITION - 1998-2000 CATALOG

Name ________________________________ Track ____________________ Date ______

State-Wide Articulation and UA Core
I. Written Composition (6 hrs required)  
   ___ (3) EN 101 English F, Sp  
   ___ (3) EN 102 English F, Sp

II. Humanities and Fine Arts (12 hrs required)*  
   ___ (3) Fine Arts Req ____________________  
   ___ (3) Literature ______________________  
   ___ (3) _____________________________  
   ___ (3) _____________________________  
* Must complete either two semesters of literature or two semesters of history.

III. Natural Sciences and Mathematics (23 hrs required)  
   ___ (3) Math ___________________________  
   ___ (4) CH 104 Intro Chemistry (CHM 113)  
   ___ (4) CH 105 Intro Organic Chemistry (CHM 102)  
   ___ (4) BSC 215 Human Biology (BIO 118)  
   ___ (4) BSC 216 Human Biology (BIO 118)  
   ___ (4) BSC 252 Microbiology (BIO 220)

IV. History, Social and Behavioral Sciences (12 hrs required)*  
   ___ (3) PY 101 Intro Psychology (PSY 200)  
   ___ (3) History ___________________________  
   ___ (3) _____________________________  
   ___ (3) _____________________________  
* Must complete either two semesters of literature or two semesters of history.

Computer / Foreign Language (6 Hrs “C” or 1 Yr Same Foreign Language Required)  
   ___ ( ) _________________________________  
   ___ ( ) _________________________________  
Check prerequisites for C designated courses.

Writing Courses (6 hrs “W” required)  
   ___ (3) Completed NHM 454  
   ___ (3) Completed NHM 463

HES CORE (6 Hrs)  
   ___ (3) HES 100 F  
   ___ (3) HES 310 F, Sp, I, S, Q  

NOTE: HES 100 is for new freshmen only.

MAJOR COURSES (55 Hrs Required)  
   ___ (3) NHM 101 Intro Human Nutrition F, Sp, S, Q (HEC 140)  
   ___ (1) NHM 195 Intro Dietetics & Nutrition F  
   ___ (3) NHM 201 Nutr in the Life Cycle Sp (Preq: NHM 101, Coreq BSC 216)  
   ___ (3) NHM 253 Food Science F, Sp, S  
   ___ (3) NHM 361 Nutritional Biochemistry F (Preq: CH 104-105)  
   ___ (3) NHM 362 Nutrition at the Cellular Level Sp (Preq: NHM 361)  
   ___ (3) NHM 363 Applied Nutrition F (Preq: NHM 201, CH 105, BSC 215-216)  
   ___ (3) NHM 365 Nutrition in Medical Science I Sp (Preq: NHM 363)  
   ___ (3) NHM 372 Intro Food Service Management F  
   ___ (3) NHM 373 Pur & Design in Foodservice Sys Sp (Preq: NHM 372)  
   ___ (4) NHM 374 Quantity Food Production & Service F, Sp (Preq: NHM 253, 372)  
   ___ (3) NHM 432 Instructional Methods in Food & Nutrition F  
   ___ (3) NHM 454 Experimental Food Science (W) F (Preq: CH 105, Coreq: BER 345)  
   ___ (3) NHM 463 Community Nutrition (W) F  
   ___ (3) NHM 465 Nutrition in Medical Science II F  
   ___ (3) NHM 475 Mgt of Food Service Systems F  
   ___ (3) NHM 490 Directed Individual Study F, Sp, S  
   ___ (2) NHM 495 Seminar in Nutrition and Dietetics  
   ___ (3) BER 345 Educational Statistics

TRACKS (11-14 Hrs Required)  
   Student must apply for admission to the Coordinated Program in Dietetics Track in the second semester of the sophomore year or declare the Didactic Program in Dietetics Track. See Undergraduate Catalog for admission and retention requirements for Coordinated Program in Dietetics Track.

COORDINATED PROGRAM IN DIETETICS TRACK (11 Hrs Required)  
   ___ (2) NHM 366 Supervised Practice in Clinical Nutrition I Sp  
   ___ (3) NHM 390 Supervised Practice in Food Service Mgt I Interim  
   ___ (1) NHM 464 Supervised Practice in Community Nutrition F  
   ___ (3) NHM 466 Supervised Practice in Clinical Nutrition II F  
   ___ (2) NHM 476 Supervised Practice in Food Service Mgt II F

DIDACTIC PROGRAM IN DIETETICS TRACK (Total Hrs Must = 128)  
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Student must apply for admission to the Coordinated Program in Dietetics Track in the second semester of the sophomore year or declare the Didactic Program in Dietetics Track. See Undergraduate Catalog for admission and retention requirements for Coordinated Program in Dietetics Track.
Verify that core designations are still in effect by checking the Schedule of Classes the semester the course is taken.