



THE UNIVERSITY OF ALABAMA

THE UNIVERSITY OF ALABAMA
College of Human Environmental Sciences

**Department of Human Nutrition and
Hospitality Management**

Minor Form

Name _____ Student CWID _____

Major _____ Concentration _____

**Minor in Food and Nutrition 2016-2017 Catalog
(18 Credit Hours Required)**

Students at The University of Alabama may apply one of several approved minors in the College of Human Environmental Sciences toward requirements in a degree program, subject to graduation provisions of that division. The approved Food and Nutrition minor and the course requirements are listed below.

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| _____ (3) NHM 101 Intro Human Nutrition, F, Sp, S |
| _____ (3) NHM 201 Nutrition in the Life Cycle F, Sp, S (Preq: NHM 101) |
| At least 12 additional hours must be selected in consultation with an academic advisor. 9 hours must be 300-400 level courses. |
| _____ (3) NHM Elective _____ |
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NOTE: Students are encouraged to take inorganic or organic chemistry to fulfill natural science requirements.

Interim courses are on campus, summer courses are offered online.

Suggested Courses:

- | | |
|---|---|
| NHM 210 – Dynamics Weight Control F, Sp | NHM 362 – Nutrition at the Cell Level Sp |
| NHM 250 – Principles of Food Preparation F, Sp, S | NHM 372 – Intro Food Service Mgt F |
| NHM 305 – Veg Nutrition (online only), Sp, S | NHM 373 – Purchasing Design, Risk Mgt Sp |
| NHM 315 – Nutrition for Performance F, Sp | NHM 401 – Nutrition for Health Professional Sp |
| NHM 320 – Food, Nutrition, and Film – Interim | NHM 457 – Childhood Obesity - Interim |
| NHM 361 – Nutritional Biochemistry F | <i>*Preqs for each course are listed in the catalog</i> |

Advisor's Signature

Date