

The University of Alabama  
College of Human Environmental Sciences  
Department of Human Nutrition and Hospitality Management

**PROGRAM REQUIREMENTS - MAJOR IN FOOD AND NUTRITION – Nutrition Sciences Track**  
(meets pre-med requirements; does not meet requirements for becoming registered dietitian)  
**2006-2008 CATALOG**

Name \_\_\_\_\_ Track \_\_\_\_\_ Date \_\_\_\_\_

State-Wide Articulation and UA Core  
I. Written Composition (6 hrs required)

- \_\_\_\_ (3) EN 101 English F, Sp
- \_\_\_\_ (3) EN 102 English F, Sp

HES CORE (6 Hrs)

- \_\_\_\_ (3) HES 100 F
- \_\_\_\_ (3) HES 310 F, Sp, I, S, V

II. Humanities and Fine Arts (12 hrs required)\*

- \_\_\_\_ (3) Fine Arts Req \_\_\_\_\_
- \_\_\_\_ (3) Literature \_\_\_\_\_
- \_\_\_\_ (3) \_\_\_\_\_
- \_\_\_\_ (3) \_\_\_\_\_

\* Must complete either two semesters of literature or two semesters of history.

MAJOR COURSES (39 Hrs Required)

- \_\_\_\_ (3) NHM 101 Intro Human Nutrition F, Sp, S, V
- \_\_\_\_ (1) NHM 195 Intro Dietetics & Nutrition F, V
- \_\_\_\_ (3) NHM 201 Nutr in the Life Cycle Sp, V (Preq: NHM 101)
- \_\_\_\_ (3) NHM 361 Nutritional Biochemistry F, v (Preq: CH 104-105)
- \_\_\_\_ (3) NHM 362 Nutrition at the Cellular Level Sp, V (Preq: NHM 361)
- \_\_\_\_ (3) NHM 363 Applied Nutrition F (Preq: NHM 201, CH 105, BSC 215-216)
- \_\_\_\_ (3) NHM 365 Nutrition in Medical Science I Sp, V (Preq: NHM 363)
- \_\_\_\_ (3) NHM 432 Instructional Methods in Food & Nutrition F, V
- \_\_\_\_ (3) NHM 454 Experimental Food Science (W) F  
(Preq: CH 105, Coreq: BER 345)
- \_\_\_\_ (3) NHM 463 Community Nutrition (W) F, V
- \_\_\_\_ (3) NHM 465 Nutrition in Medical Science II F, V
- \_\_\_\_ (4) BSC 215 Human Anatomy & Physiology I
- \_\_\_\_ (4) BSC 216 Human Anatomy & Physiology II

III. Natural Sciences and Mathematics (38 hrs required)

- \_\_\_\_ (3) Math 115 Precalculus Alg and Trig
- \_\_\_\_ (3) Math 125 Calculus I
- \_\_\_\_ (4) CH 101 General Chemistry I (N)
- \_\_\_\_ (4) CH 102 General Chemistry II (N)
- \_\_\_\_ (3) CH 231 Elem Org Chemistry I
- \_\_\_\_ (3) CH 232 Elem Org Chemistry II
- \_\_\_\_ (2) CH 237 Org Chemistry Lab
- \_\_\_\_ (4) BSC 114:115 Prin Biology I & Lab (N)
- \_\_\_\_ (4) BSC 116:117 Prin Biology II & Lab (N)
- \_\_\_\_ (4) PH 101 General Physics I (N)
- \_\_\_\_ (4) PH 102 General Physics II (N)

Electives (Total Hrs Must = 120)

- \_\_\_\_ ( ) \_\_\_\_\_
- \_\_\_\_ ( ) \_\_\_\_\_
- \_\_\_\_ ( ) \_\_\_\_\_
- \_\_\_\_ ( ) \_\_\_\_\_
- \_\_\_\_ ( ) \_\_\_\_\_
- \_\_\_\_ ( ) \_\_\_\_\_
- \_\_\_\_ ( ) \_\_\_\_\_

IV. History, Social and Behavioral Sciences (12 hrs required)\*

- \_\_\_\_ (3) PY 101 Intro Psychology
- \_\_\_\_ (3) History \_\_\_\_\_
- \_\_\_\_ (3) \_\_\_\_\_
- \_\_\_\_ (3) \_\_\_\_\_

\* Must complete either two semesters of literature or two semesters of history.

Additional Courses Required for Premedical Education

- (4) BSC 114:115 Principles of Biology I and Lab (N)
- (4) BSC 116:117 Principles of Biology II and Lab (N)
- (4) CH 232 Elementary Organic Chemistry II
- (2) CH 237 Organic Chemistry Lab
- (3) MATH 115 Precalculus Algebra and Trigonometry (MA)
- (3) MATH 125 Calculus I (MA)
- (4) PH 101 General Physics I (N)
- (4) PH 102 General Physics II (N)

Computer / Foreign Language (6 Hrs "C" or 1 Yr Same Foreign Language Required)

- \_\_\_\_ ( ) \_\_\_\_\_
- \_\_\_\_ ( ) \_\_\_\_\_

Check prerequisites for C designated courses.

Writing Courses (6 hrs "W" required)

- \_\_\_\_ (3) NHM 454 Experimental Food Science (W)
- \_\_\_\_ (3) NHM 463 Community Nutrition (W)
- \_\_\_\_ (3) NHM 491 Directed Prof Ind Study (W)

Courses *usually* offered: F= Fall Sp = Spring I = Interim S = Summer V=Video  
Fall 2006