## The University of Alabama
College of Human Environmental Sciences
Department of Human Nutrition and Hospitality Management

**PROGRAM REQUIREMENTS - MAJOR IN FOOD AND NUTRITION – Nutrition Sciences Track**
(Does not meet requirements for becoming Registered Dietitian) 2013-2014 CATALOG

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### State-Wide Articulation and UA Core

**I. Written Composition (6 hrs required)**
- ___ (3) EN 101 English F, Sp
- ___ (3) EN 102 English F, Sp

**II. Humanities and Fine Arts (12 hrs required)**
- ___ (3) Fine Arts Req
- ___ (3) Literature
- ___ (3) ______________
- ___ (3) ______________

* Must complete either two semesters of literature or two semesters of history.

**III. Natural Sciences and Mathematics (14 hrs required)**
- ___ (3) Math
- ___ (4) CH 101 General Chemistry I (N)
- ___ (4) CH 102 General Chemistry II (N)
- ___ (3) CH 231 Elem Org Chemistry I

Please note additional courses listed below for premedical education. Courses listed above meet the requirements for the degree but 28 additional hours are required for medical school.

**IV. History, Social and Behavioral Sciences (12 hrs required)**
- ___ (3) PY 101 Intro Psychology
- ___ (3) History
- ___ (3) ______________
- ___ (3) ______________

* Must complete either two semesters of literature or two semesters of history.

### HES CORE (6 Hrs)
- ___ (3) HES 100 F
- ___ (3) HES 310 F, Sp, I, S, V

### MAJOR COURSES (39 Hrs Required)
- ___ (3) NHM 101 Intro Human Nutrition F, Sp, S, V
- ___ (1) NHM 195 Intro Dietetics & Nutrition F, V
- ___ (3) NHM 201 Nutr in the Life Cycle Sp, V (Preq: NHM 101)
- ___ (3) NHM 361 Nutritional Biochemistry F, v (Preq: CH 104-105)
- ___ (3) NHM 362 Nutrition at the Cellular Level Sp, V (Preq: NHM 361)
- ___ (3) NHM 363 Applied Nutrition F (Preq: NHM 201, CH 105, BSC 215-216)
- ___ (3) NHM 365 Nutrition in Medical Science I Sp, V (Preq: NHM 363)
- ___ (1) NHM 395 Intro Research Food & Nutrition
- ___ (3) NHM 432 Instructional Methods in Food & Nutrition F, V
  (Preq: NHM 101 and NHM 201)
- ___ (3) NHM 454 Experimental Food Science (W) F
  (Preq: CH 105, Coreq: BER 345)
- ___ (3) NHM 463 Community Nutrition (W) F, V
- ___ (3) NHM 465 Nutrition in Medical Science II F, V
- ___ (4) BSC 215 Human Anatomy & Physiology I
- ___ (4) BSC 216 Human Anatomy & Physiology II

### Electives (Total Hrs Must = 120)
- ___ ( ) ______________
- ___ ( ) ______________
- ___ ( ) ______________
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### Additional Courses Required for Premedical Education
- (4) BSC 114:115 Principles of Biology I and Lab (N)
- (4) BSC 116:117 Principles of Biology II and Lab (N)
- (4) CH 232 Elementary Organic Chemistry II
- (2) CH 237 Organic Chemistry Lab
- (3) MATH 115 Precalculus Algebra and Trigonometry (MA)
- (3) MATH 125 Calculus I (MA)
- (4) PH 101 General Physics I (N)
- (4) PH 102 General Physics II (N)

Courses usually offered: F= Fall  Sp = Spring  I = Interim  S = Summer  V=Video

Fall 2008