The University of Alabama
College of Human Environmental Sciences
Department of Human Nutrition and Hospitality Management

PROGRAM REQUIREMENTS – MAJOR IN FOOD AND NUTRITION
Nutrition Sciences Track
2014 -2015 Catalog

(Does not meet requirements for becoming a registered dietitian)

Name ______________________________  Track ________________  Date ______________

State-Wide Articulation and UA Core
I. Written Composition (6 hrs required)
   ____ (3) EN 101 English F, Sp
   ____ (3) EN 102 English F, Sp

II. Humanities and Fine Arts (12 hrs required)*
   ____ (3) Fine Arts Req ___________________
   ____ (3) Literature _____________________
   ____ (3) ______________________________
   ____ (3) ______________________________

   *Must complete either two semesters of literature or two semesters of history.

III. Natural Sciences and Mathematics (14 hrs required)
   ____ (3) Math
   ____ (4) CH 101 General Chemistry I (N)
   ____ (4) CH 102 General Chemistry II (N)
   ____ (3) CH 231 Elem Org Chemistry I

Please note additional courses listed below for premedical education. Courses listed above meet the requirements for the degree but 28 additional hours are required for medical school.

IV. History, Social, and Behavioral Sciences (12 hrs required)*
   ____ (3) PY 101 Intro Psychology
   ____ (3) History ______________________
   ____ (3) ______________________________
   ____ (3) ______________________________

   *Must complete either two semesters of literature or two semesters of history.

Computer / Foreign Language (6 hrs “C” or 1 Yr Same Foreign Language Required)
   ____ ( ) ______________________________
   ____ ( ) ______________________________

Check prerequisites for C designated courses

Writing Courses (6 hrs “W” required)
   ____ (3) NHM 340 Community Nutrition (W) (Preq: NHM 201)
   ____ (3) NHM 454 Experimental Food Science (W) (Preq: CH 105, Coreq: BER 345)
   ____ (3) NHM 491 Directed Prof Ind Study (W)

HES CORE (6 Hrs)
   ____ (3) HES 100 F
   ____ (3) HES 310 F, Sp, I, S

MAJOR COURSES (39 Hrs Required)
   ____ (3) NHM 101 Intro Human Nutrition F, F, S
   ____ (1) NHM 195 Intro Dietetics & Nutrition F
   ____ (3) NHM 201 Nutr in the Life Cycle Sp, F (Preq NHM 101)
   ____ (3) NHM 340 Community Nutrition (W) Sp, F (Preq: NHM 201)
   ____ (3) NHM 361 Nutritional Biochemistry F (Preq: CH 104-105)
   ____ (3) NHM 362 Nutrition at the Cellular Level Sp (Preq: NHM 361)
   ____ (3) NHM 363 Applied Nutrition F (Preq: NHM 201, CH 105, BSC 215-216)
   ____ (3) NHM 365 Nutrition in Medical Science I Sp (Preq: NHM 363)
   ____ (1) NHM 395 Intro Research Food & Nutrition F
   ____ (2) NHM 441 Nutrition Education Sp (Preq: NHM 101, NHM 201)
   ____ (1) NHM 442 Nutrition Care Process F (Preq: NHM 101, NHM 201, Coreq:NHM 363)
   ____ (3) NHM 454 Experimental Food Science (W) Sp, F
     (Preq: CH 105, Coreq: BER 345)
   ____ (3) NHM 465 Nutrition in Medical Science II F
     (Preq: NHM 363, NHM 365)
   ____ (4) BSC 215 Human Anatomy & Physiology I
   ____ (4) BSC 216 Human Anatomy & Physiology II

Electives (Total Hrs Must = 120)
   ____ ( ) ______________________________
   ____ ( ) ______________________________
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Additional Courses Required for Premedical Education
(4) BSC 114:115 Principles of Biology I and Lab (N)
(4) BSC 116:117 Principles of Biology II and Lab (N)
(4) CH 232 Elementary Organic Chemistry II
(2) CH 237 Organic Chemistry Lab
(3) MATH 115 Precalculus Algebra and Trigonometry (MA)
(3) MATH 125 Calculus I (MA)
(4) PH 101 General Physics I (N)
(4) PH 102 General Physics II (N)

Courses usually offered: F= Fall, Sp = Spring, I = Interim, S= Summer

Fall 2013