College of Human Environmental Sciences
Department of Health Sciences

PROGRAM REQUIREMENTS – MAJOR IN GENERAL HEALTH STUDIES – 2004-2006 Catalog
UNDERGRADUATE MAJOR (120 hours)

Name

State-Wide Articulation and UA Core

I. Written Composition (6 hrs required)
   - (3) EN 101 English (ENG 101)
   - (3) EN 102 English (ENG 102)

II. Humanities and Fine Arts (12 hrs required)*
   - (3) Fine Arts
   - (3) Literature
   - (3)

* Must complete either two semesters of literature or history.

III. Natural Sciences (N) and Mathematics (11 hours required)
   - (3) Math
   - (4) N
   - (4) N

IV. History, Social and Behavioral Sciences (12 hrs required)*
   - (3) History
   - (3) SB
   - (3) SB
   - (3)

* Must complete either two semesters of literature or history.

Computer / Foreign Language (6 hrs “C” or 1 yr same Foreign Language required)
   - (3)
   - (3)

Writing Courses (6 hrs “W” Required)
   - (3)
   - (3)

NOTE: Verify that core designations are still in effect by checking the Schedule of Classes the semester the course is taken.

NOTE: Courses in C&BA at 300 level and above require students to have completed 55 hours before being enrolled.

Students must apply for admission and be accepted into the Athletic Training Program. Applications are reviewed spring semester. The program is highly competitive. The selection committee requires:

- Formal application to ATEP
- 2.5 QPA (24 + hours)
- Evaluation by athletic training staff
- 3 recommendation forms
- Personal interview with ATEP selection committee
- Proof of current adult CPR training
- Completion and grade of “C” or higher in:
  - (3) HAT 258 Clinical Athletic Training
  - (3) HAT 270 Personal Health (HED 221 or 224)
  - (2) HAT 272 First Aid, Safety, and CPR (HED 230)
- Satisfy one Natural Science with BSC 114:115 Principles of Biology I (BIO 103)
- Satisfy Math requirement with MATH 112 or higher (MTH 112)
- Satisfy Written Composition requirement
- Satisfy one Social and Behavioral Science with PY 101 (PSY 200)

Date

GENERAL HEALTH STUDIES MAJOR REQUIRED COURSES (36 Hours required)
   - (3) HHE 270 Personal Health (HED 221 or 224)
   - (3) HHE 273 Community and Public Health (HED 222)
   - (3) HHE 370 Principles and Foundations of Health Promotion
   - (3) HHE 378 Drug Awareness: Education (W)
   - (3) HHE 440 Stress Management
   - (3) HHE 467 Design and Evaluation of Health Promotion Programs
   - (3) HHE 468 Practical Applications in Health Communications and Health Promotion
   - (3) NHM 101 Introduction to Human Nutrition (HEC 140)
   - (3) Approved NHM course at 200 level or above
   - (3) HD 101 Human Development (PSY 210)
   - (3) CSM 401 Consumer Protection (W) OR HD 412 Adult Development (W)
   - (3) CSM 441 Consumer Communications (C) (W) OR CSM 445 Microcomputers in Consumer Services (C)

HUMAN ENVIRONMENTAL SCIENCES REQUIRED COURSES (6 Hours required)
   - (3) HES 100 Freshman Seminar
   - (3) HES 310 Issues in Human Environmental Sciences

SUPPORT COURSES / EMPHASIS (15 Hours)
Choose 15 hours of support courses in consultation with your advisor. Possible choices include but are not limited to the following:
   - (3) CSM 425 Consumer Conflict Resolution
   - (3) CSM 437 Developing the Leader Within
   - (3) CSM 486 Consumer/Employee Assistance Program
   - (1-12) HHE 488 Internship in Community Health
   - (1-6) HHE 496 Independent Study in Health Education
   - (3) HD 202 Child Development: Infancy and Toddlerhood
   - (3) HD 205 Child Development: Preschool (CHD 101)
   - (3) HD 262 Marriage and the Family (SOC 247)
   - (3) HD 301 Child Development: School Age
   - (3) HD 302 Child Development: Adolescence
   - (3) HHC 382 Parent and Family Development
   - (3) HHC 401 Cultural Influences on Children (W)

ELECTIVES: Total Hours Must = 120

Students interested in Physical Therapy should select 16 hours of biology (BSC 114:115 (BIO 103), 116:117 (BIO 104), 215 (BIO 201), 216 (BIO 202)), 3 hours of calculus (MATH 125) (MTH 125), PH 101-102 (PHY 201 and 202), 6 hours of inorganic chemistry (CH 101-102) (CHM 111 & 112), 3 hours of statistics (BUS 260), 9 hours of psychology.

Students interested in Medical School should select the math and sciences above and organic chemistry (CH 231 (CHM 221), 232 (CHM 232 & 237), and 237)