Program Requirements – Major in General Health Studies – 2010-2012 Catalog

Undergraduate Major (120 hours)

Name _______________________________________________________________ Date ________________

State-Wide Articulation and UA Core

I. Written Composition (6 hrs required)
   ______ (3) EN 101 English
   ______ (3) EN 102 English

II. Humanities and Fine Arts (12 hrs required)*
   ______ (3) Fine Arts
   ______ (3) Literature
   ______ (3) ____________________________

* Must complete either two semesters of literature or history.

III. Natural Sciences (N) and Mathematics (11 hours required)
   ______ (3) Math ________________________
   ______ (4) N ___________________________
   ______ (4) N ___________________________

IV. History, Social and Behavioral Sciences (12 hrs required)*
   ______ (3) History _____________________
   ______ (3) SB _________________________
   ______ (3) SB _________________________

* Must complete either two semesters of literature or history.

Computer / Foreign Language (6 hrs "C" or 1 yr same Foreign Language required)
   ______ (3)
   ______ (3)

Writing Courses (6 hrs "W" Required)
   ______ (3) HHE 378 Drug Awareness
   ______ (3)

NOTE: Verify that core designations are still in effect by checking the University Registrar’s webpage (http://registrar.ua.edu/curriculum/composition.html) the semester the course is taken.

Students must apply for admission and be accepted into the Athletic Training Program. Applications are reviewed spring semester. The program is highly competitive. The selection committee requires:

- Formal application to ATEP
- 2.5 QPA (24 + hours)
- Evaluation by athletic training staff
- 3 recommendation forms
- Personal interview with ATEP selection committee
- Proof of current adult CPR training

Completion and grade of "C" or higher in:
   ______ (3) ATR 257 Introduction to Athletic Training
   ______ (1) ATR 258 Clinical Athletic Training
   ______ (3) HHE 270 Personal Health
   ______ (2) ATR 272 First Aid, Safety, and CPR

Satisfy one Natural Science with BSC 114:115 Principles of Biology I

Satisfy Math requirement with MATH 112 or higher

Satisfy Written Composition requirement

Satisfy one Social and Behavioral Science with PY 101

General Health Studies Major Required Courses

(36 Hours required)
   ______ (3) HHE 270 Personal Health
   ______ (3) HHE 273 Community and Public Health
   ______ (3) HHE 370 Principles and Foundations of Health Promotion
   ______ (3) HHE 378 Drug Awareness/Education (W)
   ______ (3) HHE 440 Stress Management
   ______ (3) HHE 467 Design and Evaluation of Health Promotion Programs
   ______ (3) HHE 468 Practical Applications in Health Communications and Health Promotion
   ______ (3) NHM 101 Introduction to Human Nutrition
   ______ (3) Approved NHM course at 200 level or above
   ______ (3) HD 101 Human Development
   ______ (3) CSM 447 Digital Tools (C)/(W) OR CSM 401 Consumer Protection (W) OR HES 485 Self-managed Mentoring OR HD 412 Adult Development (W)
   ______ (3) CSM 441 Consumer Communications (C)/(W) OR CSM 445 Microcomputers in Cons Services (C)

Human Environmental Sciences Required Courses (6 Hours required)
   ______ (3) HES 100 Freshman Compass
   ______ (3) HES 310 Issues in HES

Support Courses / Emphasis (15 Hours)

Choose 15 hours of support courses in consultation with your advisor. Possible choices include but are not limited to the following:

   ______ (3) CSM 204 Intro Personal Financial Planning
   ______ (3) CSM 206 Practical Financial Planning
   ______ (3) CSM 425 Consumer Conflict Resolution
   ______ (3) CSM 427 Consumer Mediation, Negotiation, & Mgt.
   ______ (3) CSM 437 Developing the Leader Within
   ______ (3) CSM 486 Consumer/Employee Assistance Program
   ______ (1-12) HHE 488 Internship in Community Health
   ______ (1-6) HHE 496 Independent Study in Health Education
   ______ (3) HD 202 Child Develop.: Infancy and Toddlerhood
   ______ (3) HD 205 Child Develop.: Preschool
   ______ (3) HD 262 Marriage and the Family
   ______ (3) HD 302 Child Develop.: Adolescence
   ______ (3) HD 382 Parent and Family Development
   ______ (3) KIN 199 Ecological Approach to Health & Fitness
   ______ (3) NHM 200:499

Electives: Total Hours Must = 120

Students interested in Physical Therapy should select 16 hours of biology (BSC 114:115, 116:117, 215, 216), PH 101-102, 6 hours of inorganic chemistry, (CH 101-102), 3 hours of statistics, 9 hours of psychology, MATH 113.

Students interested in Medical School should select MATH 125, the sciences above (except BSC 215, 216), and organic chemistry (CH 231, 232, and 237).