

College of Human Environmental Sciences
Department of Health Sciences

PROGRAM REQUIREMENTS – MAJOR IN GENERAL HEALTH STUDIES – 2012–2013 Catalog
UNDERGRADUATE MAJOR (120 hours)

Name _____ Date _____

State-Wide Articulation and UA Core

I. Written Composition (6 hrs required)

_____ (3) EN 101 English

_____ (3) EN 102 English

II. Humanities and Fine Arts (12 hrs required)*

_____ (3) Fine Arts _____

_____ (3) Literature _____

_____ (3) _____

_____ (3) _____

* Must complete either two semesters of literature or history.

III. Natural Sciences (N) and Mathematics (11 hours required)

_____ (3) Math _____

_____ (4) N _____

_____ (4) N _____

IV. History, Social and Behavioral Sciences (12 hrs required)*

_____ (3) History _____

_____ (3) SB _____

_____ (3) SB _____

_____ (3) _____

*Must complete either two semesters of literature or history.

Computer / Foreign Language (6 hrs "C" or 1 yr same Foreign Language required)

_____ (3) _____

_____ (3) _____

Writing Courses (6 hrs "W" Required)

_____ (3) HHE 378 Drug Awareness

_____ (3) _____

NOTE: Verify that core designations are still in effect by checking the University Registrar's webpage (<http://registrar.ua.edu/academics/core-curriculum/>) the semester the course is taken.

GENERAL HEALTH STUDIES MAJOR REQUIRED COURSES (51 hrs required)

_____ (3) HHE 270 Personal Health & Injury Prevention

_____ (3) HHE 273 Community and Public Health

_____ (3) HHE 370 Principles & Foundations of Health Promotion

_____ (3) HHE 378 Drug Awareness/Education (W)

_____ (3) HHE 440 Stress Management

_____ (3) HHE 445 Environmental Health

_____ (3) HHE 446 Health Disparities / Global Health

_____ (3) HHE 467 Design & Evaluation of Health Promotion Programs

_____ (3) HHE 468 Practical Applications in Health Communications & Health Promotion

_____ (3) HHE 480 Culminating Experience

_____ (3) CHS 420 Basic Epidemiology

_____ (3) CSM 447 Digital Tools (C)(W)

_____ (3) CSM 441 Consumer Communications (C)(W) **OR**
_____ CSM 445 Microcomputers in Cons Services (C)

_____ (3) HD 475 Human Sexuality / Sex Education

_____ (3) KIN 199 Ecological Approach to Health & Fitness

_____ (3) NHM 101 Introduction to Human Nutrition

_____ (3) PY 211 Elementary Statistical Methods

HUMAN ENVIRONMENTAL SCIENCES REQUIRED COURSES (6 Hours required)

_____ (3) HES 100 Freshman Compass

_____ (3) HES 310 Issues in HES

POSSIBLE ELECTIVES

_____ (3) CSM 204 Intro Personal Financial Planning

_____ (3) CSM 206 Practical Financial Planning

_____ (3) CSM 425 Consumer Conflict Resolution

_____ (3) CSM 427 Consumer Mediation, Negotiation, & Mgt.

_____ (3) CSM 437 Developing the Leader Within

_____ (3) CSM 486 Consumer/Employee Assistance Program

_____ (3) HD 101 Human Development

_____ (3) HD 202 Child Develop.: Infancy and Toddlerhood

_____ (3) HD 205 Child Develop.: Preschool

_____ (3) HD 262 Marriage and the Family

_____ (3) HD 302 Child Develop.: Adolescence

_____ (3) HD 382 Parent and Family Development

_____ (1-12) HHE 488 Internship

_____ (1-6) HHE 496 Independent Study in Health Education

_____ (3) NHM 200:499

Total Hours for Degree Must = 120

Students interested in Physical Therapy should select 16 hours of biology (BSC 114:115, 116:117, 215, 216), 8 hours of physics (PH 101-102), 8 hours of inorganic chemistry, (CH 101-102), 3 hours of statistics (PY 211), 9 hours of psychology, MATH 113.

Students interested in Medical School should select MATH 125, the sciences above (except BSC 215, 216), and organic chemistry (CH 231, 232, and 237).