College of Human Environmental Sciences
Department of Health Sciences

PROGRAM REQUIREMENTS – MAJOR IN HEALTH STUDIES – 2013–2014 Catalog
UNDERGRADUATE MAJOR (120 hours)

Name ___________________________ ___________________________ Date ___________ ___

State-Wide Articulation and UA Core

I. Written Composition (6 hrs required)
   ______ (3) EN 101 English
   ______ (3) EN 102 English

II. Humanities and Fine Arts (12 hrs required)*
   ______ (3) Fine Arts ____________________
   ______ (3) Literature ____________________
   ______ (3) ______________________________

* Must complete either two semesters of literature or history.

III. Natural Sciences (N) and Mathematics (11 hrs required)
   ______ (3) Math __________________________
   ______ (4) N _____________________________
   ______ (4) N _____________________________

IV. History, Social and Behavioral Sciences (12 hrs required)*
   ______ (3) History _______________________
   ______ (3) SB ____________________________
   ______ (3) SB ____________________________
   ______ (3) ______________________________

*Must complete either two semesters of literature or history.

Computer / Foreign Language (6 hrs “C” or 1 yr same Foreign Language required)
   ______ (3) _____________________________
   ______ (3) _____________________________

Writing Courses (6 hrs “W” Required)
   ______ (3) HHE 378 Drug Awareness
   ______ (3) _____________________________

NOTE: Verify that core designations are still in effect by checking the University Registrar’s webpage (http://registrar.ua.edu/academics/core-curriculum/) the semester the course is taken.

MAJOR REQUIRED COURSES (51 hrs required)
   ______ (3) HHE 270 Personal Health & Injury Prevention
   ______ (3) HHE 273 Community and Public Health
   ______ (3) HHE 370 Principles & Foundations of Health Promotion
   ______ (3) HHE 378 Drug Awareness/Education (W)
   ______ (3) HHE 440 Stress Management
   ______ (3) HHE 445 Environmental Health
   ______ (3) HHE 446 Health Disparities / Global Health
   ______ (3) HHE 467 Design & Evaluation of Health Promotion Programs
   ______ (3) HHE 468 Practical Applications in Health Communications & Health Promotion
   ______ (3) HHE 480 Culminating Experience
   ______ (3) CHS 420 Basic Epidemiology
   ______ (3) CSM 447 Digital Tools (C)(W)
   ______ (3) CSM 441 Consumer Communications (C)(W) OR CSM 445 Microcomputers in Cons Services (C)
   ______ (3) HD 475 Human Sexuality / Sex Education
   ______ (3) KIN 199 Ecological Approach to Health & Fitness
   ______ (3) NHM 101 Introduction to Human Nutrition
   ______ (3) PY 211 Elementary Statistical Methods

HUMAN ENVIRONMENTAL SCIENCES REQUIRED COURSES (6 hrs required)
   ______ (3) HES 100 Freshman Compass
   ______ (3) HES 310 Issues in HES

Total Hours for Degree Must = 120

Students interested in applying to allied health graduate programs (i.e., medicine, dentistry, physical therapy, pharmacy, etc.) should visit The Health Professions Student Services in the College of Arts and Sciences for assistance selecting pre-health courses.

Specific graduate program admission requirements vary; therefore, students preparing to enter allied health graduate programs should consult the catalogs of the graduate schools of their interest early in their undergraduate enrollment in order to be informed of the exact requirements for entrance.