Program Requirements – Major in Health Studies – 2014–2015 Catalog

Undergraduate Major (120 hours)

Name ___________________________ ___________________________ Date ___________

State-Wide Articulation and UA Core

I. Written Composition (6 hrs required)
   (3) EN 101 English
   (3) EN 102 English

II. Humanities and Fine Arts (12 hrs required)*
   (3) Fine Arts
   (3) Literature
   (3) ________________
   (3) ________________

* Must complete either two semesters of literature or history.

III. Natural Sciences (N) and Mathematics (11 hrs required)
   (3) Math
   (4) N
   (4) N

IV. History, Social and Behavioral Sciences (12 hrs required)*
   (3) History
   (3) SB
   (3) SB
   (3) ________________

*Must complete either two semesters of literature or history.

Computer / Foreign Language (6 hrs “C” or 1 yr same Foreign Language required)
   (3)
   (3)

Writing Courses (6 hrs “W” Required)
   (3) HHE 378 Drug Awareness
   (3) ________________

MAJOR REQUIRED COURSES (51 hrs required)

   (3) HHE 270 Personal Health & Injury Prevention
   (3) HHE 273 Community and Public Health
   (3) HHE 370 Principles & Foundations of Health Promotion
   (3) HHE 378 Drug Awareness/Education (W)
   (3) HHE 440 Stress Management
   (3) HHE 445 Environmental Health
   (3) HHE 446 Health Disparities / Global Health
   (3) HHE 467 Design & Evaluation of Health Promotion Programs
   (3) HHE 468 Practical Applications in Health Communications & Health Promotion
   (3) HHE 480 Culminating Experience
   (3) CHS 420 Basic Epidemiology
   (3) CSM 447 Digital Tools (C)(W)
   (3) CSM 441 Consumer Communications (C)(W) OR CSM 445 Microcomputers in Cons Services (C)
   (3) HD 475 Human Sexuality / Sex Education
   (3) KIN 199 Ecological Approach to Health & Fitness
   (3) NHM 101 Introduction to Human Nutrition
   (3) PY 211 Elementary Statistical Methods

HUMAN ENVIRONMENTAL SCIENCES REQUIRED COURSES (6 hrs required)

   (3) HES 100 Freshman Compass
   (3) HES 310 Issues in HES

Total Hours for Degree Must = 120

NOTE: Verify that core designations are still in effect by checking the University Registrar’s webpage (http://registrar.ua.edu/academics/core-curriculum/) the semester the course is taken.

Students interested in applying to allied health graduate programs (i.e., medicine, dentistry, physical therapy, pharmacy, etc.) should visit The Health Professions Student Services in the College of Arts and Sciences for assistance selecting pre-health courses.

Specific graduate program admission requirements vary; therefore, students preparing to enter allied health graduate programs should consult the catalogs of the graduate schools of their interest early in their undergraduate enrollment in order to be informed of the exact requirements for entrance.