

The University of Alabama
 College of Human Environmental Sciences
 Department of Health Sciences
Junior College Equivalents
 PROGRAM REQUIREMENTS - MAJOR IN HEALTH STUDIES – 1998-2000 Catalog

Name _____ Date _____

State-Wide Articulation and UA Core

I. Written Composition (6 hrs required)

____ (3) EN 101 English F, Sp (**ENG 101**)

____ (3) EN 102 English F, Sp (**ENG 102**)

II. Humanities and Fine Arts (12 hrs required)*

____ (3) Fine Arts Req _____

____ (3) Literature _____

____ (3) _____

____ (3) _____

*Must complete either two semesters of literature or two semesters of history.

III. Natural Sciences and Mathematics (11 hrs required)

____ (3) Math _____

____ (4) NS _____

____ (4) NS _____

IV. History, Social and Behavioral Sciences (12 hrs required)*

____ (3) History _____

____ (3) _____

____ (3) _____

____ (3) _____

*Must complete either two semesters of literature or two semesters of history.

Computer / Foreign Language

(6 Hrs "C" or 1 Yr Same Foreign Language required)

____ (3) _____

____ (3) _____

Writing Courses (6 hrs "W" Required)

____ (3) _____

____ (3) _____

HES CORE (6 Hrs)

____ (3) HES 100 F

____ (3) HES 310 F, Sp, I, S, Q

NOTE: HES 100 is for new freshmen only.

NOTE: Verify that core designations are still in effect by checking the Schedule of Classes the semester the course is taken.

Courses *usually* offered: F= Fall Sp = Spring I = Interim S = Summer, Q=Quest

NOTE: Courses in C&BA at 300 level and above require students to have completed 55 hours before being enrolled.

PREATHLETIC TRAINING TRACK

Students must apply for admission and be accepted into the Athletic Training Program. Applications are reviewed spring semester. The program is highly competitive. The selection committee requires:

- ✓ formal application to ATEP
- ✓ 2.5 QPA (24+ hours)
- ✓ Evaluation by athletic training staff
- ✓ 3 recommendation forms
- ✓ personal interview with ATEP Selection Committee
- ✓ proof of current adult CPR Training
- ✓ completion and grade of "C" or higher in:

____ (3) HAT 257 Intro to Athletic Training

____ (3) HAT 258 Clinical Athletic Training

____ (3) HHE 270 Personal Health (**HED 221**)

____ (3) HHE 272 First Aid, Safety, and CPR (**HED 230 & 231**)

Satisfy one Natural Science with BSC 114:115 Principles of Biology I (**BSC 103**)

Satisfy Math Requirement with MATH 112 (**MTH 112**) or higher

Satisfy Written Composition Requirement

MAJOR COURSES for HEALTH STUDIES (35 Hrs)

____ (3) HHE 171 Introduction to Health Education

____ (3) HHE 270 Personal Health (**HED 221**)

____ (2) HHE 272 First Aid, Safety, and CPR (**HED 231 & 231**)

____ (3) HHE 273 Community Health

____ (3) HHE 377 Current Issues in Health – Consumer and Environmental

____ (3) HHE 378 Drug Awareness / Education

____ (3) HHE 467 Design and Evaluation of Health Promotion Programs

____ (3) HHE 468 Practical Applications in Health Communications and Health Promotion

____ (3) HHE 475 Human Sexuality / Sex Education or HHE 440 Stress Management

____ (3) HPE 199 Ecological Approach to Health and Fitness

____ (3) NHM 101 Introduction to Human Nutrition (**HEC 140**)

____ (3) 400-level HHE elective

ELECTIVES (Total Hours Must = 128)

Students interested in Physical Therapy should select

16 hours of biology (BSC 114:115, 116:117, 215, 216), 3 hours of calculus

(MATH 125), PH 102-102, 6 hours of inorganic chemistry (CH 101-102), 3 hours of statistics, 9 hours of psychology.

Students interested in Medical School should select

the above math and sciences plus organic chemistry
(CH 231 and CH 232, CH 237)

Students interested in Health Care Management
should select

HCM 370 – Intro to Health Systems; HCM 371-
Analysis of Health Care Systems; HCM 472-Legal
Aspects of Health Care; HCM 473 Survey of Issues
in Health Care Management.

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Spring 2000