

College of Human Environmental Sciences  
Department of Health Sciences

PROGRAM REQUIREMENTS – MAJOR IN GENERAL HEALTH STUDIES – 2000-2002 Catalog  
UNDERGRADUATE MAJOR (120 hours)

Name _____	Date _____
<p><u>State-Wide Articulation and UA Core</u></p> <p><u>I. Written Composition (6 hrs required)</u></p> <p>_____ (3) EN 101 English</p> <p>_____ (3) EN 102 English</p> <p><u>II. Humanities and Fine Arts (12 hrs required)*</u></p> <p>_____ (3) Fine Arts _____</p> <p>_____ (3) Literature _____</p> <p>_____ (3) _____</p> <p>_____ (3) _____</p> <p>* Must complete either two semesters of literature or history.</p> <p><u>III. Natural Sciences (N) and Mathematics (11 hours required)</u></p> <p>_____ (3) Math _____</p> <p>_____ (4) N _____</p> <p>_____ (4) N _____</p> <p><u>IV. History, Social and Behavioral Sciences (12 hrs required)*</u></p> <p>_____ (3) History _____</p> <p>_____ (3) SB _____</p> <p>_____ (3) SB _____</p> <p>_____ (3) _____</p> <p>*Must complete either two semesters of literature or history.</p> <p><u>Computer / Foreign Language (6 hrs "C" or 1 yr same Foreign Language required)</u></p> <p>_____ (3) _____</p> <p>_____ (3) _____</p> <p><u>Writing Courses (6 hrs "W" Required)</u></p> <p>_____ (3) _____</p> <p>_____ (3) _____</p>	<p><u>GENERAL HEALTH STUDIES MAJOR REQUIRED COURSES</u> <u>(36 Hours required)</u></p> <p>_____ (3) HHE 171 Introduction to Health Education <b>OR</b> HHE 370 Principles and Foundations of Health Promotion</p> <p>_____ (3) HHE 270 Personal Health</p> <p>_____ (3) HHE 273 Community and Public Health</p> <p>_____ (3) HHE 378 Drug Awareness/Education (W)</p> <p>_____ (3) HHE 440 Stress Management</p> <p>_____ (3) HHE 467 Design and Evaluation of Health Promotion Programs</p> <p>_____ (3) HHE 468 Practical Applications in Health Communications and Health Promotion</p> <p>_____ (3) NHM 101 Introduction to Human Nutrition</p> <p>_____ (3) NHM 201 Nutrition in the Life Cycle</p> <p>_____ (3) HD 101 Human Development</p> <p>_____ (3) CSM 401 Consumer Protection (W)</p> <p>_____ (3) CSM 441 Consumer Communications (C)(W) <b>OR</b> CSM 445 Microcomputers in Consumer Services (C)</p> <p><u>HUMAN ENVIRONMENTAL SCIENCES REQUIRED COURSES (6 Hours required)</u></p> <p>_____ (3) HES 100 Freshman Seminar</p> <p>_____ (3) HES 310 Issues in Human Environmental Sciences</p> <p><u>SUPPORT COURSES / EMPHASIS (15 Hours)</u> Choose 15 hours of support courses in consultation with your advisor. Possible choices <b>include but are not limited to the following:</b></p> <p>_____ (3) NHM 210 Dynamics of Weight Control</p> <p>_____ (3) NHM 315 Nutrition for Performance</p> <p>_____ (3) HHE 475 Human Sexuality/Sex Education</p> <p>_____ (1-12) HHE 488 Internship in Community Health</p> <p>_____ (1-6) HHE 496 Independent Study in Health Education</p> <p>_____ (3) HD 202 Child Development: Infancy and Toddlerhood</p> <p>_____ (3) HD 205 Child Development: Preschool</p> <p>_____ (3) HD 262 Marriage and the Family</p> <p>_____ (3) HD 301 Child Development: School Age</p> <p>_____ (3) HD 302 Child Development: Adolescence</p> <p>_____ (3) HD 382 Parent and Family Development</p> <p>_____ (3) HD 401 Cultural Influences on Children (W)</p> <p>_____ (3) HD 412 Adult Development (W)</p> <p><u>ELECTIVES: Total Hours Must = 120</u></p> <p><u>Students interested in Physical Therapy should select</u> 16 hours of biology (BSC 114:115, 116:117, 215, 216), 3 hours of calculus (MATH 125), PH 101-102, 6 hours of inorganic chemistry (CH 101-102), 3 hours of statistics, 9 hours of psychology.</p> <p><u>Students interested in Medical School should select</u> the math and sciences above and organic chemistry (CH 231, 232, and 237)</p> <p><u>Students interested in Health Care Management should select</u> HCM 370 – Intro to Health Systems; HCM 371- Analysis of Health Care Systems; HCM 472 – Legal Aspects of Health Care; and HCM 473 – Survey of Issues in Health Care Management.</p>
<p>NOTE: Verify that core designations are still in effect by checking the Schedule of Classes the semester the course is taken.</p> <p>NOTE: Courses in C&amp;BA at 300 level and above require students to have completed 55 hours before being enrolled.</p> <p>Students must apply for admission and be accepted into the Athletic Training Program. Applications are reviewed spring semester. The program is highly competitive. The selection committee requires:</p> <ul style="list-style-type: none"> <li>• Formal application to ATEP</li> <li>• 2.5 QPA (24+ hours)</li> <li>• Evaluation by athletic training staff</li> <li>• 3 recommendation forms</li> <li>• Personal interview with ATEP selection committee</li> <li>• Proof of current adult CPR training</li> <li>• Completion and grade of "C" or higher in: <ul style="list-style-type: none"> <li>_____ (3) HAT 257 Introduction to Athletic Training</li> <li>_____ (1) HAT 258 Clinical Athletic Training</li> <li>_____ (3) HHE 270 Personal Health</li> <li>_____ (2) HAT 272 First Aid, Safety, and CPR</li> </ul> </li> </ul> <p>Satisfy one Natural Science with BSC 114:115 Principles of Biology I</p> <p>Satisfy Math requirement with MATH 112 or higher</p> <p>Satisfy Written Composition requirement</p> <p>Satisfy one Social and Behavioral Science with PY 101</p>	