College of Human Environmental Sciences
Department of Health Sciences

PROGRAM REQUIREMENTS – MAJOR IN GENERAL HEALTH STUDIES – 2002-2004 Catalog
UNDERGRADUATE MAJOR (120 hours)

I. Written Composition (6 hrs required)
   (3) EN 101 English
   (3) EN 102 English

II. Humanities and Fine Arts (12 hrs required)*
   (3) Fine Arts
   (3) Literature
   (3) _____________________________
   (3) _____________________________
   (3) _____________________________

* Must complete either two semesters of literature or history.

III. Natural Sciences (N) and Mathematics (11 hours required)
   (3) Math
   (3) N
   (3) N

IV. History, Social and Behavioral Sciences (12 hrs required)*
   (3) History
   (3) SB
   (3) SB
   (3) _____________________________

*Must complete either two semesters of literature or history.

Write Courses (6 hrs “W” Required)
   (3) _____________________________
   (3) _____________________________

III. State-Wide Articulation and UA Core

   (3) CSM 445 Microcomputers in Consumer Services (C)
   (3) CSM 441 Consumer Communications (C)(W)
   (3) CSM 401 Consumer Protection (W)
   (3) HD 101 Human Development
   (3) HD 270 Personal Health
   (3) HD 273 Community and Public Health
   (3) HD 378 Drug Awareness/Education (W)
   (3) HD 440 Stress Management
   (3) HHE 496 Independent Study in Health Education
   (3) HHE 467 Design and Evaluation of Health Promotion Programs
   (3) HHE 468 Practical Applications in Health Communications and Health Promotion
   (3) NHM 101 Introduction to Human Nutrition
   (3) NHM 201 Nutrition in the Life Cycle
   (3) HHE 410 Nutrition in Community Health
   (3) CSM 401 Consumer Protection (W)
   (3) CSM 441 Consumer Communications (C)(W) OR CSM 445 Microcomputers in Consumer Services (C)
   (3) HHE 468 Design and Evaluation of Health Promotion Programs

HUMAN ENVIRONMENTAL SCIENCES REQUIRED COURSES (6 Hours required)
   (3) HES 100 Freshman Seminar
   (3) HES 310 Issues in Human Environmental Sciences

SUPPORT COURSES / EMPHASIS (15 Hours)
Choose 15 hours of support courses in consultation with your advisor. Possible choices include but are not limited to the following:
   (3) HD 202 Child Development: Infancy and Toddlerhood
   (3) HD 205 Child Development: Preschool
   (3) HD 262 Marriage and the Family
   (3) HD 301 Child Development: School Age
   (3) HD 302 Child Development: Adolescence
   (3) HD 382 Parent and Family Development
   (3) HD 401 Cultural Influences on Children (W)
   (3) HD 412 Adult Development (W)

ELECTIVES: Total Hours Must = 120

Students interested in Physical Therapy should select 16 hours of biology (BSC 114:115, 116:117, 215, 216), 3 hours of calculus (MATH 125), PH 101-102, 6 hours of inorganic chemistry (CH 101-102), 3 hours of statistics, 9 hours of psychology.

Students interested in Medical School should select (CH 101-102), 3 hours of statistics, 9 hours of psychology.