

The University of Alabama
College of Human Environmental Sciences
Department of Health Sciences

PROGRAM REQUIREMENTS - MAJOR IN HEALTH STUDIES – 1998-2000 Catalog

Name _____ Date _____

State-Wide Articulation and UA Core
I. Written Composition (6 hrs required)

- ____ (3) EN 101 English F, Sp
____ (3) EN 102 English F, Sp

II. Humanities and Fine Arts (12 hrs required)*

- ____ (3) Fine Arts Req _____
____ (3) Literature _____
____ (3) _____
____ (3) _____

*Must complete either two semesters of literature or two semesters of history.

III. Natural Sciences and Mathematics (11 hrs required)

- ____ (3) Math _____
____ (4) NS _____
____ (4) NS _____

IV. History, Social and Behavioral Sciences (12 hrs required)*

- ____ (3) History _____
____ (3) _____
____ (3) _____
____ (3) _____

*Must complete either two semesters of literature or two semesters of history.

Computer / Foreign Language
(6 Hrs "C" or 1 Yr Same Foreign Language required)

- ____ (3) _____
____ (3) _____

Writing Courses (6 hrs "W" Required)

- ____ (3) _____
____ (3) _____

HES CORE (6 Hrs)

- ____ (3) HES 100 F
____ (3) HES 310 F, Sp, I, S, Q

NOTE: HES 100 is for new freshmen only.

NOTE: Verify that core designations are still in effect by checking the Schedule of Classes the semester the course is taken.

Courses *usually* offered: F= Fall Sp = Spring I = Interim S = Summer, Q=Quest

NOTE: Courses in C&BA at 300 level and above require students to have completed 55 hours before being enrolled.

PREATHLETIC TRAINING TRACK

Students must apply for admission and be accepted into the Athletic Training Program. Applications are reviewed spring semester. The program is highly competitive. The selection committee requires:

- ✓ formal application to ATEP
- ✓ 2.5 QPA (24+ hours)
- ✓ Evaluation by athletic training staff
- ✓ 3 recommendation forms
- ✓ personal interview with ATEP Selection Committee
- ✓ proof of current adult CPR Training
- ✓ completion and grade of "C" or higher in:

- ____ (3) HAT 257 Intro to Athletic Training
____ (3) HAT 258 Clinical Athletic Training
____ (3) HHE 270 Personal Health
____ (3) HHE 272 First Aid, Safety, and CPR

Satisfy one Natural Science with BSC 114:115 Principles of Biology I

Satisfy Math Requirement with MATH 112 or higher

Satisfy Written Composition Requirement

MAJOR COURSES for HEALTH STUDIES (35 Hrs)

- ____ (3) HHE 171 Introduction to Health Education or
HHE 370 Principles and foundations of Health Promotion
____ (3) HHE 270 Personal Health
____ (2) HHE 272 First Aid, Safety, and CPR
____ (3) HHE 273 Community Health
____ (3) HHE 377 Current Issues in Health – Consumer and Environmental
____ (3) HHE 378 Drug Awareness / Education
____ (3) HHE 467 Design and Evaluation of Health Promotion Programs
____ (3) HHE 468 Practical Applications in Health Communications and Health
Promotion
____ (3) HHE 475 Human Sexuality / Sex Education or HHE 440 Stress
Management
____ (3) HPE 199 Ecological Approach to Health and Fitness
____ (3) NHM 101 Introduction to Human Nutrition
____ (3) 400-level HHE elective

ELECTIVES (Total Hours Must = 128)

Students interested in Physical Therapy should select

16 hours of biology (BSC 114:115, 116:117, 215, 216), 3 hours of calculus (MATH 125), PH 102-102, 6 hours of inorganic chemistry (CH 101-102), 3 hours of statistics, 9 hours of psychology.

Students interested in Medical School should select

the above math and sciences plus organic chemistry (CH 231 and CH 232, CH 237)

Students interested in Health Care Management should select

HCM 370 – Intro to Health Systems; HCM 371-Analysis of Health Care Systems; HCM 472-Legal Aspects of Health Care; HCM 473 Survey of Issues in Health Care Management.

- ____ () _____
____ () _____

Spring 2000