The University of Alabama
College of Human Environmental Sciences
Department of Health Sciences

PROGRAM REQUIREMENTS - MAJOR IN HEALTH STUDIES – 1998-2000 Catalog

Name ________________________________ _____________________ Date ______

I. Written Composition (6 hrs required)
   (3) EN 101 English F, Sp
   (3) EN 102 English F, Sp

II. Humanities and Fine Arts (12 hrs required)*
   (3) Fine Arts Req __________________
   (3) Literature______________________
   (3) ______________________________
   (3) ______________________________

*Must complete either two semesters of literature or two semesters of history.

III. Natural Sciences and Mathematics (11 hrs required)
   (3) Math _________________________
   (4) NS ___________________________
   (4) NS ___________________________

IV. History, Social and Behavioral Sciences (12 hrs required)*
   (3) History________________________
   (3) ______________________________
   (3) ______________________________
   (3) ______________________________

*Must complete either two semesters of literature or two semesters of history.

Computer / Foreign Language (6 Hrs “C” or 1 Yr Same Foreign Language required)
   (3) ______________________________
   (3) ______________________________

Writing Courses (6 hrs “W” Required)
   (3) ______________________________
   (3) ______________________________

HES CORE (6 Hrs)
   (3) HES 100 F
   (3) HES 310 F, Sp, I, S, Q

NOTE: HES 100 is for new freshmen only.
NOTE: Verify that core designations are still in effect by checking the Schedule of Classes the semester the course is taken.

COURSES usually offered: F= Fall  Sp= Spring  I= Interim  S= Summer, Q=Quest

NOTE: Courses in C&BA at 300 level and above require students to have completed 55 hours before being enrolled.

PREADTHLETIC TRAINING TRACK
Students must apply for admission and be accepted into the Athletic Training Program. Applications are reviewed spring semester. The program is highly competitive. The selection committee requires:
✔ formal application to ATEP
✔ 2.5 QPA (24+ hours)
✔ Evaluation by athletic training staff
✔ 3 recommendation forms
✔ personal interview with ATEP Selection Committee
✔ proof of current adult CPR Training
✔ completion and grade of “C” or higher in:
   (3)  HAT 257 Intro to Athletic Training
   (3)  HAT 258 Clinical Athletic Training
   (3)  HHE 270 Personal Health
   (3)  HHE 272 First Aid, Safety, and CPR

Satisfy one Natural Science with BSC 114:115 Principles of Biology I
Satisfy Math Requirement with MATH 112 or higher
Satisfy Written Composition Requirement

MAJOR COURSES for HEALTH STUDIES (35 Hrs)
   (3) HHE 171 Introduction to Health Education or
       HHE 370 Principles and foundations of Health Promotion
   (3) HHE 270 Personal Health
   (2) HHE 272 First Aid, Safety, and CPR
   (3) HHE 273 Community Health
   (3) HHE 377 Current Issues in Health – Consumer and Environmental
   (3) HHE 378 Drug Awareness / Education
   (3) HHE 467 Design and Evaluation of Health Promotion Programs
   (3) HHE 468 Practical Applications in Health Communications and Health
       Promotion
   (3) HHE 475 Human Sexuality / Sex Education or HHE 440 Stress
       Management
   (3) HPE 199 Ecological Approach to Health and Fitness
   (3) NHM 101 Introduction to Human Nutrition
   (3) 400-level HHE elective

ELECTIVES (Total Hours Must = 128)
Students interested in Physical Therapy should select
16 hours of biology (BSC 114:115, 116:117, 215, 216), 3 hours of calculus
(MATH 125), PH 102-102, 6 hours of inorganic chemistry (CH 101-102), 3 hours
of statistics, 9 hours of psychology.

Students interested in Medical School should select
the above math and sciences plus organic chemistry (CH 231 and CH 232, CH
237)

Students interested in Health Care Management should select
HCM 370 – Intro to Health Systems; HCM 371-Analysis of Health Care Systems;
HCM 472-Legal Aspects of Health Care; HCM 473 Survey of Issues in Health
Care Management.

Spring 2000