The University of Alabama
College of Human Environmental Sciences
Department of Human Development and Family Studies

PROGRAM REQUIREMENTS - MAJOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES –2008-2010 Catalog

Name ________________________________ Concentration _________ Date ____________

State-Wide Articulation and UA Core

I. Written Composition (6 hrs required)
   ____ (3) EN 101 English
   ____ (3) EN 102 English

II. Humanities and Fine Arts (12 hrs required)*
   ____ (3) Fine Arts ________________________________
   ____ (3) Literature ________________________________
   ____ ( ) _______________________________________
   ____ ( ) _______________________________________

   *Must complete either a two semester literature sequence or a two semester history sequence.

III. Natural Sciences and Mathematics (11 hrs required)
   ____ (3) Math ___________________________________
   ____ (4) BSC 109 or BSC 114/115
   ____ (4) NS _____________________________________

IV. History, Social and Behavioral Sciences (12 hrs required)*
   ____ (3) HD 101 Human Development
   ____ (3) PY 101
   ____ (3) History _________________________________
   ____ ( ) ________________________________

   *Must complete either a two semester literature sequence or a two semester history sequence.

   **Note that HD 101 is a requirement for the Family Studies and general HDFS concentration. HD 101 counts a Social and Behavioral Science in core.

Computer / Foreign Language:
(6 hrs "C" or 1 Yr Same Foreign Language required)
   ____ ( ) _______________________________________
   ____ ( ) _______________________________________

Check prerequisites for C designated courses.

Writing Courses (6 Hrs "W" Required)
   ____ (3) _______________________________________
   ____ (3) _______________________________________

HES CORE (6 Hrs)
   ____ (3) HES 100
   ____ (3) HES 310

NOTE: HES 100 is for new freshmen only.

MINOR (18-21 Hrs & Minor Department Approval Required or Other HD Courses Completed)
   ____ ( ) _______________________________________
   ____ ( ) _______________________________________
   ____ ( ) _______________________________________

MAJOR COURSES (15 Hrs)
   ____ (3) HD 202 Infant/Toddlerhood
   ____ (3) HD 205 Preschool
   ____ (3) HD 302 Adolescence
   ____ (3) HD 382 Parent and Family Development
   ____ (3) HD 472 Program Evaluation

CHILD LIFE CONCENTRATION (40 Hrs)
   ____ (3) HD 321 Conceptual and Creative Experience for Young Children I
   ____ (3) HD 322 Conceptual and Creative Experience for Young Children II
   ____ (3) HD 422 Children’s Centers and Programs (W)
   ____ (3) HD 426 Hospitalized Children and Youth
   ____ (12) HD 496 Child Life Internship
   ____ (3) HD 451 Loss and Bereavement
   ____ (2) HD 203 Medical Terminology
   ____ (4) BSC 215 Human Anatomy & Physiology I
   ____ (4) BSC 216 Human Anatomy & Physiology II
   ____ (3) PHL 204 Medical Ethics (or PHL 223 Medical Ethics)

FAMILY STUDIES CONCENTRATION (26 Hrs)
   ____ (3) HD 262 Marriage and Family
   ____ (3) HD 462 Interpersonal Relationships
   ____ (3) HD 483 Family Life Education (W)
   ____ (3) HD 475 Human Sexuality
   ____ (6) HD 497 Family Studies Internship
   ____ (2) HD 488 Senior Seminar
   ____ (3) CSM 201 Individual and Family Resource Management

Choose one:
   ____ (3) CSM 430 Family and Consumer Law
   ____ (3) HD 480 Children of Divorce I

   *Students must earn a grade of C or better in each HD or CSM course taken to be eligible to apply for provisional certification as a family life educator.

ADOLESCENT & YOUTH DEVELOPMENT (23 Hrs)
   ____ (3) HD 462 Interpersonal Relationships
   ____ (3) PY 372 Social Psychology
   ____ (3) HHE 378 Drug Awareness/Education (W)
   ____ (3) HD 475 Human Sexuality
   ____ (6) HD 498 Adolescent and Youth Development Internship
   ____ (2) HD 488 Senior Seminar

Choose one of the following:
   ____ (3) CJ 240 Youth Development & Juvenile Delinquency Control
   ____ (3) SW 208 Social Services For Delinquents & their Families
Concentration in General Human Development and Family Studies

The general HDFS concentration provides a flexible program for students interested in preparing for professional work or further study related to children and families through course work only (there is no internship requirement). This program of study is especially relevant for students who would like to pursue advanced course work in preparation for professional degrees (e.g., medical school). Other students who might find this option appropriate include students who wish to double major within four years, or students who for family or employment reasons find a semester-long internship a particular hardship.

Required Courses (18 hrs):

___ (3) HD 101 Human Development
___ (3) HD 202 Child Development: Infancy and Toddlerhood
___ (3) HD 205 Child Development: Preschool
___ (3) HD 262 Marriage and Family
___ (3) HD 302 Child Development: Adolescence
___ (3) HD 382 Parent and Family Development

Choose 4 courses from the following block (12 hrs):

___ (3) HD 412 Adult Development
___ (3) HD 422 Administering Children's Centers and Programs
___ (3) HD 462 Interpersonal Relationships
___ (3) HD 472 Program Evaluation
___ (3) HD 475 Human Sexuality
___ (3) HD 480 Children and Divorce
___ (3) Approved HD course at the 300 or 400 level

AND

Choose 4 courses from the following block (12 hrs):

___ (3) CSM 201 Individual and Family Management
___ (3) CSM 430 Family and Consumer Law
___ (3) HHE 378 Drug Awareness/Education
___ (3) SPE 471 Developmental Perspectives of Young Children with Disabilities
___ (3) PY 372 Social Psychology

___ (3) CJ 240 Youth Development and Juvenile Delinquency Control
OR
___ (3) SW 208 Social Services for Delinquents and Their Families