

The University of Alabama  
College of Human Environmental Sciences  
Department of Human Development and Family Studies

PROGRAM REQUIREMENTS - MAJOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES –2015-2016 Catalog

Name \_\_\_\_\_ Concentration \_\_\_\_\_ Date \_\_\_\_\_

State-Wide Articulation and UA Core

I. Written Composition (6 hrs required)

- \_\_\_\_ (3) EN 101 English
- \_\_\_\_ (3) EN 102 English

II. Humanities and Fine Arts (12 hrs required)\*

- \_\_\_\_ (3) Fine Arts \_\_\_\_\_
- \_\_\_\_ (3) Literature \_\_\_\_\_
- \_\_\_\_ ( ) \_\_\_\_\_
- \_\_\_\_ ( ) \_\_\_\_\_

\*Must complete either a two semester literature sequence or a two semester history sequence.

III. Natural Sciences and Mathematics (11 hrs required)

- \_\_\_\_ (3) Math \_\_\_\_\_
- \_\_\_\_ (4) BSC 109 or BSC 114/115
- \_\_\_\_ (4) NS \_\_\_\_\_

IV. History, Social and Behavioral Sciences (12 hrs required)\*

- \_\_\_\_ (3) HD 101
- \_\_\_\_ (3) PY 101
- \_\_\_\_ (3) History \_\_\_\_\_
- \_\_\_\_ ( ) \_\_\_\_\_

\*Must complete either a two semester literature sequence or a two semester history sequence.

V. Computer / Foreign Language: (6 hrs "C" or 1 Yr Same Foreign Language required)

- \_\_\_\_ ( ) \_\_\_\_\_
- \_\_\_\_ ( ) \_\_\_\_\_

Check prerequisites for C designated courses.

VI. Writing Courses (6 Hrs "W" Required)

- \_\_\_\_ (3) \_\_\_\_\_
- \_\_\_\_ (3) \_\_\_\_\_

VII. HES CORE (6 Hrs)

- \_\_\_\_ (3) HES 100 (Fall only)
- \_\_\_\_ (3) HES 310

NOTE: HES 100 is for new freshmen only, fall only.

MINOR (18-21 Hrs & Minor Department Approval Required or Other HD Courses Completed)

- \_\_\_\_ ( ) \_\_\_\_\_
- \_\_\_\_ ( ) \_\_\_\_\_
- \_\_\_\_ ( ) \_\_\_\_\_

MAJOR COURSES (15 Hrs)

- \_\_\_\_ (3) HD 202 Infant/Toddlerhood
- \_\_\_\_ (3) HD 205 Preschool
- \_\_\_\_ (3) HD 302 Adolescence
- \_\_\_\_ (3) HD 382 Parent and Family Development
- \_\_\_\_ (3) HD 472 Program Evaluation

CHILD LIFE CONCENTRATION (43 Hrs)

- \_\_\_\_ (3) HD 321 Conceptual and Creative Experience for Young Children I
- \_\_\_\_ (3) HD 322 Conceptual and Creative Experience for Young Children II
- \_\_\_\_ (3) HD 422 Children's Centers and Programs (W)
- \_\_\_\_ (3) HD 426 Hospitalized Children and Youth
- \_\_\_\_ (12) HD 496 Child Life Internship
- \_\_\_\_ (3) HD 451 Loss and Bereavement
- \_\_\_\_ (2) HD 203 Medical Terminology (online)
- \_\_\_\_ (4) BSC 215 Human Anatomy & Physiology I
- \_\_\_\_ (4) BSC 216 Human Anatomy & Physiology II
- \_\_\_\_ (3) PHL 223 Medical Ethics
- \_\_\_\_ (3) PY 211 Elementary Statistical Methods

FAMILY STUDIES CONCENTRATION (26 Hrs)

- \_\_\_\_ (3) HD 262 Marriage and Family
- \_\_\_\_ (3) HD 462 Interpersonal Relationships
- \_\_\_\_ (3) HD 483 Family Life Education (W) (Fall only)
- \_\_\_\_ (3) HD 475 Human Sexuality
- \_\_\_\_ (6) HD 497 Family Studies Internship
- \_\_\_\_ (3) CSM 201 Individual and Family Resource Management
- \_\_\_\_ (2) HD 488 Senior Seminar

Choose one of the following:

- \_\_\_\_ (3) CSM 430 Family and Consumer Law
- \_\_\_\_ (3) HD 480 Children and Divorce

\*Students must earn a grade of C or better in each HD or CSM course taken to be eligible to apply for provisional certification as a family life educator.

ADOLESCENT & YOUTH DEVELOPMENT (23 Hrs)

- \_\_\_\_ (3) HD 462 Interpersonal Relationships
- \_\_\_\_ (3) PY 372 Social Psychology
- \_\_\_\_ (3) HHE 378 Drug Awareness/Education (W)
- \_\_\_\_ (3) HD 475 Human Sexuality
- \_\_\_\_ (6) HD 498 Adolescent and Youth Development Internship
- \_\_\_\_ (2) HD 488 Senior Seminar

Choose one of the following:

- \_\_\_\_ (3) CJ 240 Youth Development & Juvenile Delinquency Control
- \_\_\_\_ (3) SW 208 Social Services For Delinquents & their Families

## **Concentration in General Human Development and Family Studies**

The general HDFS concentration provides a flexible program for students interested in preparing for professional work or further study related to children and families through course work only (there is no internship requirement). This program of study is especially relevant for students who would like to pursue advanced course work in preparation for professional degrees (e.g., medical school). Other students who might find this option appropriate include students who wish to double major within four years, or students who for family or employment reasons find a semester-long internship a particular hardship.

### **Required Courses (18 hrs):**

- \_\_\_ (3) HD 101 Human Development
- \_\_\_ (3) HD 202 Child Development: Infancy and Toddlerhood
- \_\_\_ (3) HD 205 Child Development: Preschool
- \_\_\_ (3) HD 262 Marriage and Family
- \_\_\_ (3) HD 302 Child Development: Adolescence
- \_\_\_ (3) HD 382 Parent and Family Development

### **Choose 4 courses from the following block (12 hrs):**

- \_\_\_ (3) HD 345 Addiction and the Family  
(HD 445)
- \_\_\_ (3) HD 412 Adult Development (W)
- \_\_\_ (3) HD 422 Administering Children's Centers and Programs (W)
- \_\_\_ (3) HD 462 Interpersonal Relationships
- \_\_\_ (3) HD 472 Program Evaluation
- \_\_\_ (3) HD 475 Human Sexuality
- \_\_\_ (3) HD 480 Children and Divorce (Interim only)
- \_\_\_ (3) Approved HD course at the 300 or 400 level

**AND**

### **Choose 4 courses from the following block (12 hrs):**

- \_\_\_ (3) CSM 201 Individual and Family Management
- \_\_\_ (3) CSM 430 Family and Consumer Law
- \_\_\_ (3) HHE 378 Drug Awareness/Education (W)
- \_\_\_ (3) SPE 471 Developmental Perspectives of Young Children with Disabilities
- \_\_\_ (3) PY 372 Social Psychology
  
- \_\_\_ (3) CJ 240 Youth Development and Juvenile Delinquency Control
- OR
- \_\_\_ (3) SW 208 Social Services for Delinquents and Their Families

NOTE: Some courses are not taught every semester.