The University of Alabama  
College of Human Environmental Sciences  
Department of Human Development and Family Studies  

PROGRAM REQUIREMENTS - MAJOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES –2018-2019 Catalog

Name ________________________________ Concentration _________ Date______

Statewide Articulation and UA Core

I. Written Composition (6 hrs required)
   ____ (3) EN 101 English
   ____ (3) EN 102 English

II. Humanities and Fine Arts (12 hrs required)*
   ____ (3) Fine Arts ________________________________
   ____ (3) Literature ________________________________
   ____ ( ) ________________________________
   ____ ( ) ________________________________

*Must complete either a two-semester literature sequence or a two-semester history sequence.

III. Natural Sciences and Mathematics (11 hrs required)
   ____ (3) Math ________________________________
   ____ (4) BSC 109 or BSC 114/115
   ____ (4) NS ________________________________

IV. History, Social and Behavioral Sciences (12 hrs required)*
   ____ (3) HD 101
   ____ (3) PY 101
   ____ (3) History ________________________________
   ____ ( ) ________________________________

*Must complete either a two-semester literature sequence or a two-semester history sequence.

V. Computer / Foreign Language:
   (6 hrs "C" or 1 Yr Same Foreign Language required)
   ____ ( ) ________________________________
   ____ ( ) ________________________________

Check prerequisites for C designated courses.

VI. Writing Courses (6 Hrs "W" Required)
   ____ (3) ________________________________
   ____ (3) ________________________________

VII. HES Core (6 Hrs)
   ____ (3) HES 100 (Fall only)
   ____ (3) HES 310

NOTE: HES 100 is for new freshmen only, fall only.

VIII. Required Courses for all HDFS Majors (15 Hrs)
   ____ (3) HD 202 Infant/Toddlerhood
   ____ (3) HD 205 Preschool
   ____ (3) HD 302 Adolescence
   ____ (3) HD 382 Parent and Family Development
   ____ (3) PY 211 Elementary Statistical Methods OR BER 345 Educational Statistics

IX. HDFS Concentration Option
   (see back page for course lists)
   ____ (26) HDFS Major with Adol. & Youth Development Concen.
   ____ (29) HDFS Major with Family Life Ed. & Advocacy Concen.
   ____ (43) HDFS Major with Child Life Concentration
   ____ (27) HDFS Major with No Concentration

X. Electives
   ____ Electives to complete the 120 credit hour degree requirement

Note: Some courses are not taught every semester.
Adolescence and Youth Development Concentration  (26 Hrs)

- (3) HD 462 Interpersonal Relationships
- (3) PY 372 Social Psychology
- (3) HHE 378 Drug Awareness/Education (W)
- (3) HD 472 Program Evaluation
- (3) HD 475 Human Sexuality
- (6) HD 498 Adolescent and Youth Development Internship
- (2) HD 488 Senior Seminar
- (3) CJ 240 Youth Development & Juvenile Delinquency Control

  OR

  SW 208 Social Services for Delinquents & Their Families

Child Life Concentration (43 Hrs)

- (3) HD 321 Conceptual and Creative Experience for Young Children I
- (3) HD 322 Conceptual and Creative Experience for Young Children II
- (3) HD 422 Children’s Centers and Programs (W)
- (3) HD 426 Hospitalized Children and Youth
- (3) HD 472 Program Evaluation
- (12) HD 496 Child Life Internship
- (3) HD 451 Loss and Bereavement
- (2) HD 203 Medical Terminology (online)
- (4) BSC 215 Human Anatomy & Physiology I
- (4) BSC 216 Human Anatomy & Physiology II
- (3) PHL 223 Medical Ethics

Family Life Education and Advocacy Concentration (29 Hrs)

- (3) HD 262 Marriage and Family
- (3) HD 462 Interpersonal Relationships
- (3) HD 472 Program Evaluation
- (3) HD 483 Family Life Education (W) (Fall only)
- (3) HD 475 Human Sexuality
- (6) HD 497 Family Studies Internship
- (3) CSM 201 Individual and Family Resource Management
- (2) HD 488 Senior Seminar
- (3) CSM 430 Family and Consumer Law

  OR

  HD 480 Children and Divorce

  OR

  SW 208 Social Services for Delinquents and Their Families

HDFS Major with No Concentration (27 Hrs.)

- (3) HD 262 Marriage & Family

Choose 4 courses from the following block (12 hrs):

- (3) HD 445 Addiction and the Family
- (3) HD 412 Adult Development (W)
- (3) HD 422 Administering Children’s Centers & Programs (W)
- (3) HD 462 Interpersonal Relationships
- (3) HD 472 Program Evaluation
- (3) HD 475 Human Sexuality
- (3) HD 480 Children and Divorce (Interim only)

Choose 4 courses from the following block (12 hrs):

- (3) CSM 201 Individual and Family Management
- (3) CSM 430 Family and Consumer Law
- (3) HHE 378 Drug Awareness/Education (W)
- (3) SPE 471 Developmental Perspectives of Young Children with Disabilities

  OR

- (3) PY 372 Social Psychology

  OR

- (3) HD 450 Addiction: Prevention, Treatment and Recovery

  OR

- (3) CJ 240 Youth Development and Juvenile Delinquency Control

  OR

  SW 208 Social Services for Delinquents and Their Families

Note: Some courses are not taught every semester.

*Students must earn a grade of C or better in each HD or CSM course taken to be eligible to apply for provisional certification as a family life educator.